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NMA

Medi

News

... directing the march for a progressive medical association in a healthier Nigeria

A Quarterly News Magazine of the Nigerian Medical Association

JULY -SEPTEMBER 2020

ISSN 2276-8505



THE HISTORIC
VIRTUAL NMA-ADM
AND ELECTIONS

THE NEW NATIONAL
AND STATE OFFICERS

NMA NATIONAL
EXECUTIVE
COUNCIL (NEC)
MEETING 'KANO 2019'

NMA NATIONAL
GAMES
'PORT HARCOURT
2020'



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VISION

A formidable professional body committed to fostering effective and efficient healthcare delivery, high ethical standard and the interests of its member



MISSION

To build a sustainable professional association of medical and dental practioners that will advance the delivery of qualitative healthcare services through continuing professional development, advocacy and policy development, knowledge management and public education, in collaboration with other relevant stakeholders.



VALUES

High Ethical Standards
Welfare of Members
Compassionate service
Integrity
Professionalism and excellence

DECLARATION OF GENEVA/ PHYSICIAN'S PLEDGE

Adopted by the 2nd WMA General Assembly in Geneva, Switzerland, September, 1948. Amended by the 22nd World Medical Assembly in Sydney, Australia, August 1968, the 35th World Medical Assembly Venice, Italy, October 1983 and the 46th WMA General Assembly, Stockholm, Sweden, September 1994 and editorially revised at the 170th COUNCIL SESSION, DIVONNE - LES - BAINS, FRANCE, MAY 2005 and the 173rd Council session, DIVONNE - LES - BAINS, FRANCE, MAY 2006 amended by the 68th WMA General Assembly, Chicago, United States, October, 2017.

AS A MEMBER OF THE MEDICAL PROFESSION

I SOLEMNLY PLEDGE to dedicate my life to the service of humanity;
THE HEALTH AND WELL-BEING OF MY PATIENT will be my first consideration;
I WILL RESPECT the autonomy and dignity of my patient;
I WILL MAINTAIN the utmost respect for human life;
I WILL NOT PERMIT consideration of age, disease or disability, creed, ethnic origin, gender nationality, political affiliation, race, sexual orientation, social standing or any other factor to intervene between my duty and my patient;
I WILL RESPECT the secrets that are confided in me, even after the patient has died;
I WILL PRACTISE my profession with conscience and dignity and in accordance with good medical practice;
I WILL FOSTER the honour and noble traditions of the medical profession;
I WILL GIVE to my teachers, colleagues, and students the respect and gratitude that is their due;
I WILL SHARE my medical knowledge for the benefit of the patient and the advancement of healthcare;
I WILL ATTEND TO my own health, well-being, and abilities in order to provide care of the highest standard;
I WILL NOT USE my medical knowledge to violate human rights and civil liberties, even under threat;
I MAKE THESE PROMISES solemnly, freely, and upon my honour.



MESSAGE OF FELICITATIONS

The Management and Staff of Jubilee Syringe Manufacturing Company, congratulates the President - Nigerian Medical Association (N.M.A), Prof. Innocent Ujah and the Akwa Ibom State Branch Chairman, Dr. Ime Sylvester Udoh alongside their Executive Members on the successful election and swearing-in.

The positions are well deserved going by the strong academic background, reputable professional attendants, vast experiences in the health sector and enviable human qualities that you both possess.

May your tenures be successful and peaceful, as we look forward to having a sustainable relationship and partnership with the Nigerian Medical Association.



Congratulations

Signed:
MANAGEMENT

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The Nigerian Medical Association

NMA MediNews, the official news magazine of the Nigerian Medical Association is published quarterly.

While reasonable care taken to ensure factual content of articles published in the NMA MediNews, neither the Publisher nor the Editor accepts responsibility for inaccuracies in content or opinions which are entirely those of the individual Contributors/Authors and do not reflect the position of the Nigerian Medical Association, except otherwise indicated.

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PRESIDENT BUHARI'S
*Congratulatory
 Message*
 TO THE

**NMA PRESIDENT, PROF INNOCENT UJAH & NOC ON
 THEIR SUCCESSFUL ELECTION INTO OFFICE**



President Muhammadu Buhari felicitates with Prof. Innocent Ujah on his election as President of the Nigerian Medical Association (NMA), congratulating all the Executive Members for the zeal and diligence brought into the organisation within a short period.

President Buhari believes the elected officers of the NMA have admirable profiles that will take the organisation to greater heights, particularly Prof. Ujah, who has worked extensively with national and international institutions, and progressively contributed to the shaping of national policies on health in the country in different capacities.

The President affirms that the NMA plays a strategic role in the growth of the country through counselling of leaders on health and development issues, and staying on the frontline during emergencies and pandemics to keep everyone safe like the ongoing fight against COVID-19.

President Buhari commends the former President of the NMA, Dr Francis Faduyile and Executive Members for their investments of time and resources to improve the welfare of doctors, and their working conditions by consistently negotiating and counselling governments.

The President assures Prof. Ujah and the Executive Members of the government's full cooperation to help them succeed in their leadership positions, and improve health services in the country.

Garba Shehu

Senior Special Assistant to the President

(Media & Publicity)

August 4, 2020

FROM THE EDITOR'S DESK



D

istinguished colleagues, friends and well-wishers. It is with a deep sense of honour and rare privilege that I write my maiden forward as the Editor of the NMA MediNews.

This great honour has been made possible through the confidence reposed in me when I was elected overwhelmingly on the 30th of May 2020 as the National Publicity Secretary of our great association. It has indeed been a great experience serving NMA as a member of the Prof (Dr) Innocent AO Ujah FNMA mni led National Officers Committee (NOC) in the last 78 days of our tenure.

I wish to specifically express my gratitude to our amiable President and other members of the NOC for their immense support which has made this publication possible.

Also, I want to thank the immediate past Editor of NMA MediNews, Dr Omitade Obimakinde for the outstanding job done in sustaining the regular publication of our flagship news magazine throughout his remarkable 2-year tenure of office.

I acknowledge the vision and hardwork of previous Editors who nurtured this news magazine at her early stages.

The efforts of Dr Osahon Enabulele (Past President of NMA and now, President of the Commonwealth Medical Association, CMA) and Dr Uche Ojinmah (Past 2nd Vice President, NMA) are deeply appreciated. It is worth reiterating that under my watch, the vision of the founding fathers of NMA MediNews to promote friendship and unity amongst members through factual reporting of events will be sustained.

Therefore, in this 3rd quarter, July to September 2020 edition of NMA Medinews, we have lined up a number of

very interesting articles which will give you a great reading pleasure.

In this Edition, we will give you highlights on the historic 1st virtual Annual Delegates Meeting (ADM) of our great association which also culminated in the election of Prof(Dr) IAO Ujah FNMA mni as the 30th President of NMA.

Also elected at that defining moment in the annals of our history were seven (7) other National Officers namely, First Vice President, Second Vice President, Secretary General, Deputy Secretary General, National Treasurer, National Financial Secretary and National Publicity Secretary. Furthermore, in this Edition, we will also have an exposé on all the new National Officers through their brief profiles while the list of new Officers in all the states where elections have been concluded will also be shared. In addition, you will get to know more about the agenda of the NMA President to move the association to greater heights as elucidated in his acceptance speech.

We will also bring to you echoes from Kano, where the NMA NEC meeting was conducted in December, 2019. We shall also share highlights of the 5th edition

of the NMA Games that was held in Port-Harcourt , South-South Nigeria in February,2020.Furthermore, a lot of giant strides have been made by the present NOC since her inauguration. Some of these laudable achievements have been captured under the legislative engagements. Another great achievement of the Ujah led administration is consolidating on the efforts and gains made by previous administrations towards ensuring NMA owns a befitting permanent Secretariat in Abuja.

These efforts which have been through prompt release of funds to contractors and regular visits to the site amongst others will ensure that the dream of every Nigerian Doctor to own a place they will all be proud of is achieved. So we will look at the NMA House: The journey so far. Also, to ensure that the social events of members are effectively reported, we will dedicate some pages for the NMA MediNews Social Diary with the 80th birthday celebration of Past President Dr Stephen Kitchener FNMA OON and that of the Minister of Labour and Employment , HE Senator Dr Chris Ngige showcased.

Dear readers, this Edition will not be complete without reports from states and committees and especially the COVID-19 pandemic that continues to ravage humanity.

In conclusion, on behalf of the Editorial Board of NMA Medinews, we look forward to sustaining this engagement with you through the quarterly production of very high quality, informative and educating news magazines that will be circulated to the nooks and crannies of this country.

APPRECIATION

I am grateful to the new Editorial Board of the NMA MediNews for the hardwork and resilience that has culminated in this publication. The Editorial Board wishes to

appreciate the National Officers Committee (NOC) ably led by Prof(Dr) IAO Ujah FNMA mni for the tremendous support and enablement to make this publication. Our profound gratitude also goes to all our Advisers namely, Dr Osahon Enabulele, Dr Uche Ojinmah, Dr Roland Aigbovo, Dr Solomon Avidime and Dr Omitade Obimakinde for the advise and guidance. The board also appreciates all our contributors for accepting to be a part of this success story.

I express my deep appreciation and love to my better half, Barr Aver A Ishoribo-Uwah and my 3 daughters, Aondoavershima

II, Aniekeme II and Dara for the patience and understanding through out the period used to put this Edition together. Our sincere appreciation also goes to all our members , State branches, friends and associates who sponsored Goodwill messages and advertorials in this Edition of NMA Medinews. And lastly, we say a big thank you all our teeming members and readers for the support received thus far. We look forward to a more exciting, thrilling and memorable experience with you as we begin this 2year engaging journey with you.

Finally, I wish all our members who will be physically present in Abuja, the nation's capital for our maiden NEC meeting, journey mercies to and from the seat of power.

Long live NMA MediNews

Long live NMA

Long live the Federal Republic of Nigeria

Dr Aniekeme Aniefiok Uwah JP

National Publicity Secretary & Editor, NMA MediNews 2020-2022

Okowa congratulates NMA's President, Prof. Innocent Ujah



Delta state Governor, Ifeanyi Okowa, has congratulated Prof. Innocent Ujah on his election as President of the Nigerian Medical Association (NMA). Ujah, a professor of obstetrics and gynaecology, was the immediate past Director-General of the Nigerian Institute of Medical Research (NIMR), Yaba, Lagos.

Ujah was elected at the association's annual general conference and delegates meeting held online on Saturday. He polled 347 votes to defeat his closest rival, Oguzie Jerry, who got 19 votes.

Okowa, in a statement by his Chief Press Secretary, Mr. Olisa Ifeajika, on Sunday in Asaba, felicitated with Ujah, and described him as a distinguished medical scholar and outstanding patriot. He said that Ujah had distinguished himself as a professional with proven progressive experience in national maternal health policy development in Nigeria.

According to him, the new NMA president was involved in the national integrated planning, implementation, monitoring, and evaluation activities in the 36 states and FCT, and has contributed to the institution of safe motherhood activities in Nigeria since 1990.

Okowa urged him to bring his wealth of experience to bear on his new task, saying that he should give prime attention to adherence to medical ethics by medical practitioners.

"On behalf of the government and people of Delta state, I congratulate you, Prof. Innocent Ujah, on your election as President of the Nigerian Medical Association (NMA)."

"It is a thing of joy to note that you won the election with very wide margin which indicated the overwhelming acceptance of your competence and ability to lead the professional body of medical doctors in Africa's largest country."

"While I congratulate you on this victory, let me remind you that the task ahead is daunting and onerous and you must bring your wealth of experience to bear in the discharge of your duties as President of the association.

"I therefore, charge you to remain committed as you lead the NMA to promote universal health coverage and to ensure that Nigeria flattens the curve of the COVID-19 pandemic," the Governor stated.

FROM THE PRESIDENT, NMA

Dr Innocent AO Ujah, FNMA mni NMA,
Professor of Obstetrics & Gynaecology

M

y dear Hippocratic brothers and sisters, It is with profound gratitude and through the mercies of our Almighty Creator that I extend to you all my heartfelt greetings as we

begin the countdown of the tenure of the National Officers' Committee of our highly cherished professional Association for the period 2020-2022.

I salute you all for your efforts as we continue to battle on the frontline to contain the coronavirus disease 2019 (COVID-19) pandemic in Nigeria. This is in addition to working in less than optimal conditions characterized by inadequate consumables and equipment, shortage of manpower, paltry hazard allowance and near absence of regular and structured capacity development programmes. I thank you for your commitment, dedication and sacrifices, sometimes, too painfully, you paid supreme sacrifices in our desire to provide quality healthcare services so that our people could enjoy healthy living, and in addition to preventing untimely deaths. I am aware that the inadequacies in the health system places us at increased risks, but we are determined to continue to provide quality case detection, tracking and treatment of cases of COVID-19. On a very sober note, I commiserate with the immediate and extended families of all our members who lost their lives to COVID-19 and may the gentle souls of these our heroes be granted eternal repose.

There is no doubt that Nigeria is profoundly blessed with these committed and dedicated quality of Medical professionals. May our unity of purpose and single mindedness lead us to greater achievements for the sake of our patients and humanity.

The current National Officers Committee (NOC) under my leadership was inaugurated on the 30th May, 2020, following the historic first ever virtual Annual Delegates Meeting (ADM) and election of the National Officers of the Association. I appreciate you all for the continued support to our administration at this early weeks of our tenure despite the challenges occasioned by the novel coronavirus disease ravaging the nation. It is our desire to have an all-inclusive



governance with results for IMPACT, hence the slogan, IMPACT 2020. It is a unique privilege which we shall remember forever, and it gives us strength and courage to remain dedicated to the service of our profession and to our nation, even in the face of harsh and unfriendly working environment.

In the last over sixty days of our tenure, as President of this great Association, i have endeavoured to provide the right leadership by working tirelessly round the clock to make every day count for Nigerian Doctors through actions and activities which have been in line with my promise to run an all-inclusive government as highlighted in my acceptance speech.

Some of the milestones so far achieved in the first sixty days of our tenure include; advocacy visits to the Executive Governor of Benue State, His Excellency Dr Samuel Ortom; Honourable Minister of Health, Dr Osagie Ehanire, during which we advocated for full implementation of the National Health Act, publishing of white paper on the Alhaji Yayale Ahmed report on inter-professional relationships in the public health sector, provision of budget for residency training as enshrined in the Residency Training Act, compulsory enrollment of all Nigerians for the National Health Insurance Scheme (NHIS), and increase in retirement age for all Doctors to 65 years, and 70 years for Consultants on Special Grade 1 Scale of salary, amongst others things. During the courtesy call to the Honourable Minister of Labour and Employment, Senator (Dr) Chris Ngige, we advocated that payment of COVID-19 hazard allowances be full and complete, as well as increase in retirement age for Medical Doctors. It was a Pride to NMA that we paid a courtesy visit to one of our own, Hon (Dr) Tanko Yusuf Sununu, Chairman,

House Committee on Health Services and a former Secretary General of Nigerian Medical Association (NMA), and Deputy Chairman, Hon (Dr) Samuel Babatunde Adejare was also in attendance, with the desire to engage all for improved health sector and quality of health services, as well as enhancement of the welfare of all Doctors in Nigeria.

Within this period, there were a number of media engagements with both local and international media organizations including, Channels TV, AIT, Television Nigeria, Federal Radio Corporation of Nigeria (FRCN), CNBC (Africa), VOA (Africa), while we participated in many meetings organized by Non-Governmental Organizations (NGOs) such as the Socio-Economic Rights and Accountability Project (SERAP) to educate and inform various segments of the society on national response to COVID-19 pandemic and the role of Nigerian Doctors.

Our focus remains that of servant leadership for results and impact as we complement the efforts of our past leaders and Governments to further transform our Association to tackle the numerous challenges faced by our colleagues in providing quality healthcare to the Nigerian populace. The obvious dislocation of the health system in the era of coronavirus pandemic has exposed the weak health system in Nigeria that require priority attention if Universal Health Coverage (UHC) is to be achieved. We are committed to sustaining high-level advocacy if we are to achieve the desired results.

In line with my core values of innovation and creativity, honesty, transparency, due process and team player, together with my NOC, we will focus on service for results and IMPACT as encapsulated in my IMPACT agenda, by:

1. Ensuring good governance and purposeful leadership.
2. Working assiduously to enhance the welfare of members through a sustained

advocacy for improved remuneration, enhanced hazard allowances including its universal applicability.

3. Restoring the confidence of medical doctors in positions of authority and many others to effectively participate in the affairs of NMA.

4. Continually embarking on high-level advocacy to promote partnerships and collaborations with the Government and NGOs, as well as suggesting innovative approaches to combat the COVID-19 pandemic and other health issues in Nigeria.

5. Imbibing teamwork and financial management integrity, and harmoniously working together to mobilize resources to reduce the cost of running the activities of the Association. We will also work effectively, and intelligently maximize existing funds while securing additional resources using diverse methods for resource mobilization to continue the process of constructing the NMA house.

6. Encouraging more women to take up more active roles and participate more in NMA Activities.

7. Closing the gaps on inter-professional rivalry among the various Professions in the health sector and promoting harmony.

8. Implementation of the NMA National Strategic Plan (NSP) 2017-2021.

9. Working with MDCN to ensure a user friendly MDCN portal for annual renewal of practicing license as well as setting up a task force on operation show evidence of payment for renewal of license.

10. Advocating for establishment of Bank for Health to improve funds for Healthcare in Nigeria, amongst others.

This administration will operate from a position of strength for the sake of the welfare of all Doctors in Nigeria, our patients and the health sector in general. We are committed to consolidating the foundation laid by successive leaders for greater success as we talk and do (talk&do) more.

In this era of advanced information and communications technology (ICT), we cannot

live in isolation from the rest of the world, accordingly, we will do our best to meet up with the best global practices in terms of effective use of ICT.

The agenda for the Nigerian Medical Association (NMA) during this two-year period of our administration will be purely predicated on a call to service, for the sole purpose of delivering on results for impact. NMA under this administration will run on TEAMWORK and supervised delegation of duties and responsibilities

I wish to extend my hearty felicitations to His Excellency, Senator Dr Chris Nwabueze Ngige (Onwa) who celebrated his 68th birthday on the 8th of August 2020. We wish you well in your responsibilities and many happy returns in good health.

In the same vein, i felicitate with an elder statesman and a Distinguished Past President of NMA, Dr Stephen Kitchener OON, a man who has made tremendous personal sacrifices and substantial contributions to the growth of NMA who celebrated his 80th birthday on the 10th August, 2020. On behalf of the entire membership of NMA, i wish our elder statesman more blessed and richly rewarding years in good health and greater services to our noble profession.

Finally, I want to reassure you all that with full and open consultations, commitment and cooperation of the entire membership of our noble profession, the National officers' Committee (NOC) will purposefully work together to move the Nigerian Medical Association to stellar heights. This is our promise!

I look forward to your unfailing assistance and support.

Let's talk and do (talk&do) more as we make IMPACT together.

I thank you all.

Long Live NMA!!

Long Live the Federal Republic of Nigeria!!!

**Prof. (Dr) Innocent AO Ujah, FNMA, mni
President, NMA (2020-2022).**

Goodwill Message

PROF. IAO UJAH

President, Nigerian
Medical Association (NMA)



Our Dear Professor IAO UJAH, The news of your emergence as President Of The Nigerian Medical Association (NMA) came to us with great assurance for excellent leadership due to your proven track record.

We are optimistic that the quality of health care delivery in Nigeria will improve during your tenure.

The Akwa Ibom State branch is particularly gladdened by the overwhelming choice of Dr Aniekeme Aniefiok Uwah, a former chairman, NMA Akwa Ibom State Branch as the National Publicity Secretary.

We are confident he will excel in the office. We also want to congratulate all the other members of the National Officers Committee on their well deserved victory at the election.

We are hopeful and optimistic that the welfare of doctors in Nigeria will be a top priority in your administration.

Kindly accept our warmest Felicitations!

Once again, Congratulations!

Dr Ime Sylvester Udoh

Chairman NMA AKS 2020 - 2022



SECRETARY GENERAL'S SUITE

SUMMARY OF ACTIVITIES OF THE NMA NATIONAL SECRETARIAT, MAY TO AUGUST, 2020

UPDATE ON THE NATIONAL SECRETARIAT

1.1 The National Secretariat has continued to play its role of coordinating the activities of the Association and her affiliates.

1.2 Following the Annual General Conference and Delegate meeting of the NMA that was held virtually via zoom on the 30th of May, 2020, the National Officers' Committee (NOC) led by the President Prof (Dr) Innocent A.O. Ujah, FNMA, mni, was elected and history was made as this was the first time the election of national officers' was done electronically and it came out very successful. This process was heralded with a lot of uncertainty as the Association is still battling with the COVID-19 pandemic but despite all odds the NOC was poised to succeed and take the Association to the next level and improve on the gains of the outgoing NOC.

We followed up on matters that the outgoing NOC could not finalize on as we believe that the activities of the NMA is a continuum.

1.3 NMA LAND: The development of the NMA Land has started with the groundbreaking ceremony that was held before the ADM. The current NOC is poised to taking this project to the next level with the cooperation of all NMA members. The Company handling the project is DUTUM Company Limited and excavation has been completed.

2.0 COMMUNICATION

2.1 Communications between the National Secretariat, the State/FCT branches, affiliate groups and the society in general have been proactive and prompt. Our Communication



channels still remained postal agencies, Whatsapp, SMS and website & e-mail. We implore our state officers to always check their mails for updates and to inform the newly elected chairmen that there will be added to the NMA NEC whatsapp group and that there should check their mails for regular updates and messages.

2.2 NMA National Telegram Group:

This medium has been very active since it was formed and has been a source of our major communication, a lot of issues have been brought for discuss here. We sincerely appreciate members for their contribution and that their should bear in mind there are ground rules on the Telegram platforms and this must be strictly adhered to.

2.3 The NMA list serve has been a behive

of activities and were critical issues are always brought to the front burner for discuss and contributions. We will appreciate members constructive criticism which will aid the NOC in no small measure in driving the associations activities.

The NMAs' Communiqué/Resolution of meetings are also communicated to the appropriate quarters and our members through the list serve and Whatsapp group.

2.4 The NMA website has been up and running we hope to upgrade the outlook and content. The secretariat is updating information of newly elected officials and this will be concluded after the NMA August NEC when we must have gotten the necessary details from States.

2.5 The NMA monthly secretariat report comes out every month with details of the secretariat activities highlighted for member's information. We call on members to constantly visit the NMA website (www.nationalnma.org) for updated information.

3.0 MEETINGS/CONFERENCE

The President, and other members of the NOC and State Officials have continued to represent the NMA at meetings and Conferences as they relate to Health, National, International and Contemporary issues. Activities have been most virtual though it is picking up with utmost caution as a result of the ravaging COVID-19.

4.0 COURTESY VISITS

The President Prof. Innocent Ujah, mni, the Secretary General and Head of Administration of the NMA paid a courtesy visit to the Director General of Budget office, the entire NOC paid a Courtesy call to Hon. Yusuf Tanko Sununu, Senator (Dr) Chris N. Ngige (Hon. Minister of Labour and Employment) and Dr. Osagie Ehanire, Hon. Minister of Health just to mention but a few.

The NMA national secretariat played host to the Health correspondent of the people's maybe of the Republic of China, the Managing Director and management of Dutum Company, Leadership of NADUHS, MDCAN

and NARD, just to mention a few.

5.0 STRATEGIC PLAN DEVELOPMENT:

The current NOC are on the verge of developing on the previous gains of the National Strategic Plan Manager in the Person of Dr. Anthony Okoye, plans are on the way for a more robust and strategic engagement with development partners immediately after the COVID-19 pandemic eases off. He was also on hand to present a report to the NOC during their physical meeting held at the NMA National Secretariat early August.

6.0 CORRESPONDENCE:

Within the period the Association received several correspondences from the Ministry of Health, SGF, National Assembly, the MDCN, other Ministries, Departments and Agencies of government and other organizations. Responses were given to the mails promptly.

7.0 CONTEMPORARY NATIONAL ISSUES:

- **Safety of Health Workers:** - NMA has been working tirelessly with some key Stakeholders on the implementation of the necessary safety protocols for health workers against COVID-19, Lassa fever and health security challenges.

- **State of Security:** - The NMA leadership had constantly called for security of lives and properties which is a legitimate right of every Nigerian. The NMA leadership have used every opportunity to address these lingering issues and constant call for better security of health workers in both the Government and private Health Facilities is being clamoured for.

8.0 PARTNERSHIP

The NMA as part of her responsibilities has confirmed to advocate for improve quality and standard of health care delivery in Nigeria, NMA has continued to partner with various stakeholders for the improvement of the health care indices in Nigeria. NMA has partnership with Reckitt Benkisser, Multipro Nigeria Limited, GODREJ Nigeria limited and other agencies.

9.0 ACTIVITIES OF STATE BRANCHES/FCT

The NMA National Secretariat has continued to carry the state branches along in all her activities by always calling for inputs and suggestions on Election of state branches were held and I wish to congratulate all the states that have concluded their election without rancor and call on those still having issues to cooperate with the NMA National Secretariat in finding an amicable solution to the lingering impasse.

10.0 AFFILIATE BODIES

The Affiliate groups of the NMA have from time to time shown commitment and support to the NMA National body and are always available to contribute on different health issues as they affect the health sector at both national and state levels. We call for greater synergy between the various affiliate bodies. On behalf of the NOC I wish to commiserate with MEDSABAM that lost her President with our members that we lost in the last six months we commiserate with their families and pray for the fortitude to bear this irreparable loses, especially the President of MEDSABAM

11.0 DOCTORS REMUNERATION/WELFARE

Within the period, several meetings were held on different occasions with regards to Doctors Remuneration/welfare. The Committee in conjunction with the NMA National Officers' Committee have continued to engage the government of the day to fulfill agreements already reached. The committee on remuneration has continued to carry out oversight functions pending the appointment of new committees.

12.0 ASSOCIATION OF PROFESSIONAL BODIES OF NIGERIA (APBN)

NMA as the foremost Professional Association in the Health Sector has over the years been involved with the APBN activities. We have been participating in the meeting and decision making processes of APBN. The past president of the Nigerian Medical Association Dr. Idris Omede is still serving at

the Executive level as the Immediate past president, The NMA Head of Admin Mr. Emeka Akpa is the Secretary of the Committee of Registrars and Heads of Secretariats of the various member bodies of the APBN.

The NMA President Prof. Innocent A.O. Ujah, mni a past recipient of the APBN award was formally welcomed into the Board of the Association of Professional Bodies of Nigeria at her virtual meeting held in June, 2020.

13.0 2020 ELECTIONS IN EDO AND ONDO STATE:

Towards fully participating in the forthcoming elections, the Association has been calling on our members to get involved in partisan politics and make the necessary impact. States are encouraged to inaugurate Political Endowment/Enlightenment committee so that they can effectively engage political aspirants before elections and stay as watchdogs in ensuring promises that were made are fulfilled.

14.0 APPRECIATION:

I wish to sincerely appreciate the members of the National Officers' Committee (NOC) especially Mr. President Prof (Dr) Innocent A.O. Ujah, FNMA, mni, my able Deputy Secretary General (DSG) Dr. Oseni Saliu, past NOC most especially, Immediate Past President and Immediate Past Secretary General for their support and guidance on issues as they arise. We call on you to continue to maintain the support. The outgoing and the newly elected state/FCT Officials for the support being given to the NOC thus far, and also to the Secretariat Staff for their unflinching support towards moving the activities of the National Secretariat forward.

My profound gratitude also goes to the FCT Health and Human Services Secretariat for the express permission I have been given towards meeting up with this onerous task.

Thank you and God bless you all.

Dr. Philips Uche Ekpe
SECRETARY GENERAL

CONGRATULATORY MESSAGE



It gives me great pleasure to congratulate my dear teacher, mentor, confidant and adviser, **Prof. Augustine Vincent Umoh** on your appointment as Honourable Commissioner for Health Akwa Ibom State. I was extremely thrilled once I heard the news and I am very happy for you.

Everything you have done and accomplished has led to this point and you truly deserve it.

You have worked so hard on yourself over the years and your sterling track record is an undebatable testament to the fact that you have the necessary advantage to serve as the Honourable Commissioner for Health.

I will like to congratulate Akwa Ibom State on your appointment as I am convinced you are poised to tremendously improve the health sector in Akwa Ibom State. As a core NMA man, I am certain our colleagues are in for good times.

Once more congratulations my Prof, teacher, mentor and In-Law

Dr Ekem Emmanuel John



NATIONAL OFFICERS OF THE NMA (NOC)



Dr Rasaaq Ayodele Adebayo
Professor & Consultant Cardiologist
First Vice President



Dr Innocent Achanya Ootobo Ujah FNMA mni
Professor & Consultant Obstetrician/ Gynaecologist
President



Dr Daiyabu Alhaji Ibrahim
Second Vice President



Dr Ekpe Philips Uche
Secretary General



Dr Saliu Olugbenga Oseni
Deputy Sec. General



Dr. Sir Eric Azuka Anazodo
National Treasurer



Dr Pobe Dauro Degri
National Financial Secretary



Dr Aniekeme Aniefiok Uwah
National Publicity Secretary



Dr Augustine Vincent Umoh
Professor & Consultant Obstetrician/ Gynaecologist
Editor, Nigerian Medical Journal



Dr Francis Adedayo Faduyile
Ex-Officio I



Dr Olumiyiwa Peter Odusote
Ex-Officio II



ABRIDGED PROFILE OF THE PRESIDENT

**DR INNOCENT ACHANYA OTOBO UJAH, FNMA, MNI,
PROFESSOR & CONSULTANT OBSTETRICIAN/GYNAECOLOGIST & VICE CHANCELLOR,
FEDERAL UNIVERSITY OF HEALTH SCIENCES, OTUKPO (FUHSO), BENUE STATE**



He is an Alumnus of several prestigious institutions such as the Ahmadu Bello University (ABU), Zaria, National Institute for Policy & Strategic Studies (NIPSS) Kuru, Jos and possesses Fellowships of the National Postgraduate Medical College of Nigeria (NPMCN) Faculty of Obstetrics & Gynaecology (FMCOG), International College of Surgeons (FICS), and the Royal Society of Medicine of England (FRSMed). In addition, he obtained a Postgraduate Diploma in Health Services Management (PGDM) from the University of Jos in 1992.

Professor Innocent Ujah, MNI is a member of the Project Implementation Committee for the establishment of a new Teaching Hospital in Otukpo to complement the new Federal University of Health Sciences, Otukpo (FUHSO) recently approved by President/Commander-In-Chief of the Armed Forces, Muhammadu Buhari.

Following the 2014 Ebola Virus Disease (EVD) outbreak in Nigeria, Professor Ujah was appointed Co-Chair of the Treatment Research Group (TRG) on Ebola Virus Disease. Given the remarkable successes recorded in containing the spread of the Ebola Virus Disease in Nigeria, he was subsequently appointed a member of the Ministerial Lassa Fever Control Committee in February 2016.

He has been a Director, Vice-Chairman and now Chairman of the Board of Directors of the Okpoga Microfinance Bank.

Ujah has longstanding antecedents for resounding, effective and result-oriented delivery on numerous projects having served in the capacity of consultant to several national, international and multi-lateral organizations including PATHS, SNR/USAID, UNICEF, HERFON, NACA, SFH, Health System 20/20 and PSI amongst others, all of which have earned him great commendations.

He has, time and again, demonstrated unflinching passion and commitment towards enhancing, maintaining and sustaining the quality and rigor in training of Nigerian medical doctors and specialists having served as examiner both at the undergraduate and postgraduate levels in addition to being an assessor (both internal and external) for academic faculties seeking elevation to the rank of professor. Furthermore, his roles on the board of the Medical and Dental Council of Nigeria (MDCN) on several occasions have also been instrumental to creating enabling environments for safe and effective healthcare and service delivery across the nation.

Professor Ujah's longstanding career in strategically advancing the Nigerian medical profession has seen him play active roles in various capacities where he served meritoriously. Among these include: 1st Vice President of National Association of Resident Doctors (NARD) between 1981-1985, Chairman, Plateau State Branch of the Nigerian Medical Association

from 1990-1992, 1st and 2nd Vice-Presidents of Nigerian Medical Association (NMA) from 1992-1997; Secretary-General of the Society of Gynaecology and Obstetrics of Nigeria (SOGON) between 2005 and 2011.

In addition, he has since 1990 been a member of the National Executive Committee (NEC) of the Nigerian Medical Association (NMA). He currently serves as a member of Council of the Society of Gynaecology & Obstetrics of Nigeria (SOGON) since from 1993 till date. Based on existing records, Professor Innocent Ujah is one of the 2 longest serving members of the National Executive Committee (NEC) of the Nigerian Medical Association (NMA). To this end, he was conferred with the Fellow of Nigerian Medical Association (FNMA) at the AGM in Sokoto in April 2016 for his distinguished service to the Association.

Professor Ujah is a recipient of many accolades but to mention a few:

Oyo State (NYSC) Chairman's award in 1980; Life membership award by National Association of Resident Doctors of Nigeria (NARD)(1987); Merit awards by Plateau State Branch of the Nigerian Medical Association, Jos University Teaching Hospital (JUTH) Association of Resident Doctors and the Jos University Medical Students Association; Distinguished Honours awards by the Okpoga Development Community, Benue State for Educational Development in Okpoga and the establishment of a Community Bank in Okpoga; Distinguished KOABA 71 (DK71) by Class 1971 of Government College Katsina-Ala; Awards of recognition by the Idoma National Forum (INF), Aidogodo Development Community, Okpoga Development Community (ODC) on his appointment as Director General,



Nigerian Institute of Medical Research (NIMR), Yaba-Lagos; Life Achievement award by Lagos Sector of Society of Gynaecology and Obstetrics of Nigeria (SOGON); Distinguished son of Excellence Award by Idoma Forum, Jos; Honours Award by Faculty of Medical Sciences for Contributing to the building of College of Medical Sciences, University of Jos while serving as Dean of Faculty; Awards for Professional Excellence in the Health/Medical Sector Category by Association of Professional Bodies of Nigeria (APBN).

ABRIDGED PROFILE OF DR RASAAQ AYODELE ADEBAYO

First Vice President



Dr Rasaaq Ayodele ADEBAYO is the First Vice President of the Nigerian Medical Association. He is also a Consultant Physician and Cardiologist as well as a Professor of Medicine and Cardiology in the Department of Medicine, Obafemi Awolowo University (OAU) and OAU Teaching Hospitals Complex (OAUTHC), Ile-Ife, Osun State, Nigeria. He had his MB.Ch.B and Master in Public Administration (MPA) degrees from OAU Ile-Ife, and his Certificate in Interventional Cardiology from the Faculty of Medicine, University of Alexandria, Alexandria, Egypt. He is a Fellow of the West African College of Physicians and also a Foundation Fellow of the Nigerian Cardiac Society.

ABRIDGED PROFILE OF DR DAIYABU ALHAJI IBRAHIM

Second Vice President

Dr Daiyabu Alhaji Ibrahim is a native of Garun Gabbas Town, of Mallam Madori L.G.A. of Jigawa State, Northwestern Nigeria. He attended primary school at Garun Gabbas and Junior Secondary at the same Garun Gabbas. Thereafter the young Daiyabu proceeded to Senior Secondary school at the prestigious Science Secondary School, Dawakin Kudu, in Kano State, graduating in the year 1987. At the dawn of the Millennium (2000), he obtained his MBBS at the prestigious University of Maiduguri (UNIMAID). Dr Ibrahim did his internship also at University of Maiduguri Teaching Hospital. Nine years later, he obtained the fellowship of the West African College of Physicians (2010), Specializing in RHEUMATOLOGY. Currently, he is a Senior Lecturer with the Department of Medicine,



Bayero University, Kano (BUK) as well as an Honorary Consultant Rheumatologist with Aminu Kano Teaching Hospital (AKTH), Kano. Dr Daiyabu Ibrahim having been recognised for his extensive scholarship, was appointed an Examiner for both Part 1 and 2 of the WACP. Dr Daiyabu Ibrahim was Chairman, NMA Kano State chapter between 2010-2012, and has served NMA in various capacities both locally and nationally. At present he serves as the Second Vice President of the NMA. Dr Ibrahim is happily married with children.

ABRIDGED PROFILE OF DR EKPE PHILLIPS UCHE **Secretary General**



Dr Ekpe Philips Uche MB.BCh 1997, FWACS 2007, FMCOG 2007, FICS 2017

*Consultant Obstetrician and Gynaecologists.

*Advanced Fertility Expert

*Member Society of Obstetrician & Gynecologists (SOGON)

*Member European Society of Embryology and Human Reproduction (ESHRE)

*Member American Society of Reproductive Medicine (ASRM)

*Medical Director Nyanya General hospital *CEO Guinea Savannah Medical Center *Immediate Past Chairman NMA-FCT

* Secretary General NMA

ABRIDGED PROFILE OF DR SALIU OLUGBENGA OSENI **Deputy Secretary General**

Dr Saliu Olugbenga Oseni was born in Lagos state ,Nigeria. He had his primary education at Kosofe and Pastor Adegboyega Memorial Primary School. Ketu, Lagos State. For his secondary education, he attended Agidi Comprehensive High School, Agidi. Ketu between 1981 - 1986. Thereafter the young Saliu proceeded to Ogun State Polytechnic, where he obtained the Higher School Certificate. In the pursuit to become a doctor, he pursued medical education at the prestigious University of Lagos, Akoka, Lagos state earning the MBBS degree.

A fellow of the West African College of Surgeons (FWACS), Dr Oseni is currently a Chief Consultant General Surgeon and also doubles as Head Of Department, Department of Surgery, General Hospital Ikorodu. He has served the Nigerian Medical Association in several capacities including his service as the immediate Past Chairman of the NMA Lagos State. Dr Saliu Olugbenga Oseni is happily married with Children.



ABRIDGED PROFILE OF DR. SIR ERIC AZUKA ANAZODO

National Treasurer

ROOTS: Hails from Nnewi in Nnewi North Local Government Area of Anambra State

EDUCATION:

- Dennis Memorial Grammar School, Onitsha
- International School, University of Ibadan
- University of Ibadan
- National Postgraduate Medical College of Nigeria

ACADEMIC QUALIFICATIONS:

- GCE (A-level) – University of London
- MB BS – University of Ibadan
- Dip. Family Medicine – National Postgraduate Med. College of Nigeria

CAREER:

- House Officer – General Hospital, Onitsha
- National Youth Service Corps – St. Camillus Hospital Uromi, Bendel State
- Medical Officer – General Hospital, Awka
- Chief Medical Officer (CMO) Anambra State Hospitals Management Board
- Chief medical Director (CMD) Awka Medical Centre, Anambra State

HONOURS

- Distinguished Medical Practitioner – DMP
- Fellow of the Association of General Practitioners – FAGP
- Fellow of the Institute of Corporate Administration – FCAI
- Paul Harris Fellow of Rotary International – PHF
- Knight of St. Paul (Anglican Communion) – KSP
- Justice of the Peace, Anambra State – JP
- Member of H.R.H Igwe K.O.N Orizu III Nnewi Royal Cabinet
- President-General, DMGS Onitsha Old Boys Association Ww.

SERVICE TO THE NIGERIAN MEDICAL ASSOCIATION (NMA)

- Chairman NMA Awka Zone, Anambra State- 2000 – 2002
- Chairman AGPMPN, Anambra State - 2006 – 2010
- Vice Chairman NMA, Anambra State - 2012 – 2014
- Chairman NMA, Anambra State - 2014 – 2016
- Chairman South East Zonal NMA - 2015/2016
- Chairman NMA National Committee on Malaria & Tropical Diseases - 2016 – 2018
- Chairman NMA National Committee on Medical Equipment and Devices - 2018 - 2020
- Member NMA National Executive Committee - 2014 – 2020
- Member Representing the NMA – Governing Council of Anambra State Health Insurance Agency (ASHIA)
- Board Member Representing the NMA – Anambra State Primary Healthcare Development Agency. (ASPHCDA)
- Board Member representing the NMA – Federal Medical Center Owerri
- National Treasurer of NMA - 2020 – 2022

FAMILY

Married to DR. (MRS) CHIDIMMA ANAZODO with whom he has five children including two Medical Doctors.

MOTTO – Integrity and Service



ABRIDGED PROFILE OF DR ANIEKEME ANIEFIOK UWAH (JP) NATIONAL PUBLICITY SECRETARY Dr Aniekeme



Aniefiok Uwah was born in Calabar, Cross River State on the 24th of June 1976 to parents who were disciplinarians. He started his educational pursuit at Charles Walker

International Nursery School, Calabar, Cross River State and later completed his primary education at Christ the King International Nursery School, Uyo, Akwa Ibom State where he obtained his First School Leaving Certificate in 1988. He then proceeded to the prestigious Federal Government College, Ikot-Ekpene where he obtained his Senior School Certificate in 1994.

He then proceeded to the College of Medicine, University of Calabar, Cross River State and obtained a Bachelor of Medicine and Bachelor of Surgery (MBBCh) degree in 2004. He later obtained a Master of Public Health (MPH) from the premier University in Nigeria, University of Ibadan. He is a graduate of the University of Washington and a Cohort 5 graduate of the Nigeria Field Epidemiology and Laboratory

Program (NFELTP).

He is also a passionate member of the Nigerian Medical Association (NMA) and has served the association in many capacities including being a member of the National Executive Council (NEC) from 2012 to date; Chairman, NAGGMDP-AKS from 2014-2016; Chairman, NMA, Akwa Ibom State branch and South South Zone from 2016-2018 to mention but a few.

He is also a multiple award winner and some of these awards include; An NYSC Benue State Honours Award for outstanding community service to the government and people of Benue State, Nigeria in 2005; An award by the Government and people of Liberia for his outstanding and patriotic services towards the control of the Ebola Virus Disease (EVD) outbreak in 2014; A medal of Honour from the African Union (AU) for the sacrifices to the continent and humanitarian spirit exhibited during the Ebola Virus Disease (EVD) outbreak in 2014; The Nigerian Medical Association (NMA) Distinguished Honours Award as the most outstanding State branch Chairman in 2017 to mention but a few. His hobbies include watching CNN, reading Newspapers/Magazines and Auto biographies, hanging out with friends and writing. He is the Author of 'End of Mission' - An eye witness account of a volunteer in the frontline of the battle against Ebola Virus Disease (EVD) in Liberia, published in 2017.

His favourite foods include pounded yam and afang soup; pounded yam and white soup and ekpang nkukwo. Dr Aniekeme Uwah is happily married to Barr Aver A Ishoribo-Uwah and the union is blessed with 3(Three) beautiful daughters.

ABRIDGED PROFILE OF DR POBE DAURO DEGRI
National Financial Secretary

Born on the 15th day of April many years ago, Dr Degri hails from Gombe State, in the North Eastern part of Nigeria. He had his secondary education at GSSS Billiri and his MBBS at the University of Jos, Nigeria. A fellow of the West African College of Surgeons, he is a Consultant Anaesthesiologist. He has held previous positions in the Nigerian Medical Association including Publicity Secretary, Secretary and Chairman all in Gombe State branch of the NMA. He has also served as Chairman of Committees at National level. Dr Degri loves travelling. And just in case you find yourself in the wild forests of Gombe, do not be surprised if you find Dr Degri with a dane gun. He would only be doing what he loves- hunting.

**ABRIDGED PROFILE OF DR AUGUSTINE UMOH**

Professor of Obstetrics & Gynaecology Editor, Nigerian Medical Journal



Dr Augustine Umoh was born in Okopedi Ibianang in Ikono Local Government Area in Akwa Ibom State. As a Headmaster's son, he attended many Primary School usually following his father with every transfer, He however, completed same at Primary School Uyo Obio in Akwa Ibom State

He had his Secondary education at Federal Government College Ikot Ekpene in Aka Ibom state of Nigeria from 1978-1983. He then proceeded to the university of Lagos for his medical education from 1984 - 1990 where obtained the MBBS degree.

In 2001 he obtained a postgraduate diploma in reproductive health from liverpool School of Tropical Medicine(LSTM), United Kingdom and in 2002 he was conferred with the Fellowship of the west African College of Surgeons in the Faculty of Obstetrics and Gynecology. He also holds the Fellowship of the International College of Surgeons ,Prof Umoh has attended several Courses and Seminars both in academics and in management. He became a Jerusalem Pilgrim in 2010.

He rose through the ranks and became a full Professor of Obstetrics and Gynecology in 2013.

Dr Umoh pioneered the official Medical publication of the Akwa Ibom State NMA, the Ibom Medical Journal in 2006 and subsequently served as its pioneer Editor for eight years. During this period, he successfully developed the online edition of the journal, and popularized the culture of research and publishing among his colleagues. The journal is active and its publication is up to date.

Dr Umoh has published widely both in local and international journals and is a reviewer to many journals. In 2017 he was appointed the Editor of the Nigerian Medical Journal, flagship journal of the Nigerian Medical Association. He is currently a member of the National Officers Committee and National Executive Council of the NMA.

On August 3rd, 2020, Dr Augustine Umoh was sworn in as the Honourable Commissioner for Health following his appointment by His Excellency, Mr Udom Emmanuel, Executive Governor of Akwa Ibom. He has since assumed duties.

He is currently the provost of the College of Health Sciences of the University of Uyo, and a member of the Governing Boards of the University of Uyo Teaching Hospital and that of the Federal Neuro-Psychiatric Hospital Calabar. He is married to the delectable Dr. Rosemary Augustine Umoh and they are blessed with three Children.

ABRIDGED PROFILE OF DR FRANCIS ADEDAYO FADUYILE

EX- Officio I



The Immediate Past President of the Nigerian Medical Association (NMA) is an indigene of Ikoyi, in Okitipupa Local Government Area of Ondo

He had his elementary school education at St. John primary school Okitipupa Ondo State between 1976 and 1982. He proceeded to Ikoya Grammar school, Ikoyi in 1982 till 1983 when his father who was the principal was transferred to Methodist high school Okitipupa where he completed his secondary school education in 1989

He proceeded to the University of Lagos where he bagged his MBBS from the College of Medicine of the institution in 1996

Other Qualification Obtained

- MBA - FUT, (Akure)- 2005
- Fellow Medical College of Pathologist NPMCN
- Msc. Cell Biology and Genetic (UNILAG)- 2008
- Diploma, National Cancer Institute
Division of cancer prevention, USA 2008
- Diploma, Forensic and Legal Medicine of Royal College of Physicians United Kingdom)- 2015
- Fellow, College of Pathologists of East Central and Southern Africa- 2016.

He is currently an Associate professor in the Department of pathology and Forensic Medicine of the Lagos State University College of Medicine and an Honorary Consultant at the Lagos State University Teaching Hospital Ikeja, Lagos State

ABRIDGED PROFILE OF DR OLUMUYIWA PETER ODUSOTE

EX- Officio II



He was born in Lagos State, Nigeria. Had his secondary school education at Awodiora Secondary school Cardoso and United Christian secondary school both in Apapa, Lagos state between 1982 and 1987

He had his university education at Olabisi Onabanjo University Ago-Iwoye, Ogun State where he bagged his MBBS in 1994

He is a Fellow of West African College of Surgeons (FWACS), and currently works as a Consultant Orthopaedic Surgeon at the

General Hospital Igando, Lagos state, where he is also the head of the department.
He is happily married

Congratulatory Message

Neurotrauma Research
South-East Zonal Hdqtrs, Nnamdi Azikiwe University
PMB 5025 Awka, Anambra State, Nigeria
Nigerian Academy of Neurological Surgeons, NANS

We congratulate our mother Association, the Nigerian Medical Association, NMA, ably led by the new President, Prof IOA Ujah, mni, for the successful and novel virtual election, and peaceful assumption of office of the new National Officers Committee, NOC.

With the current team of vastly experienced officers, we are very optimistic that the new NOC will move our Association to greater heights, in the next two years.

We pray that God in His infinite goodness will grant you the grace to fulfill all our dreams and aspirations during your tenure.

Long Live Nigerian Medical Association
 Long Live Nigerian Academy of Neurological Surgeons
 Long Live Neurotrauma Research Committee.

SIGNED,
 Professor JKC Emejulu
 Chair, Neurotrauma Committee
 Nigerian Academy of Neurological Surgeons, NANS



GLORIOUS EXIT OF OUR MATRIARCH



YOU ARE CORDIALLY
 INVITED TO THE
 FUNERAL SERVICE/
 CELEBRATION OF LIFE
 OF OUR WIFE, MOTHER,
 GRAND MOTHER, GREAT
 GRAND MOTHER, SISTER
 AND AUNT

87
YEARS



DATE
 9TH OCT
 2020

MRS. ONONIHU
VICTORIA OJINMAH
(NEE OSUAGWU)
Eggorin

@LATE MR ISAAC
 OJINMAH'S COMPOUND
 UMUNYEM, UMUOFOROLO
 NKWERRE TOWN IN
 NKWERRE LGA IMO STATE

THE HISTORIC VIRTUAL NMA ANNUAL DELEGATES MEETING (ADM) AND ELECTIONS- **Dr Aniekeme Uwah JP**



History was made by the Nigerian Medical Association (NMA) on the 30th of May 2020 when the first ever virtual Annual Delegates Meeting (ADM) and Elections were conducted in the association.

The ADM culminated in the election of the 30th President of the association in the person of Prof(Dr) IAO Ujah FNMA mni. Also elected at the historic event were other members of the National Officers Committee (NOC) namely;

- Prof(Dr) Rasaaq Adebayo- 1st Vice President
- Dr Daiyabu Ibrahim - 2nd Vice President
- Dr Ekpe Philip - Secretary General
- Dr Saliu Oseni-Deputy Secretary General
- Dr Eric Anazodo- National Treasurer
- Dr Pobe Degri- National Financial Secretary
- Dr Aniekeme Uwah JP- National Publicity Secretary.

Prior to the E- ADM, the stage was set when the association conducted her first ever E-NEC on Saturday, 16th May 2020 with about 173 members in attendance.

At the E-NEC, the following resolutions were made;

- Conduct of an E-NEC on the 25th of May 2020.
- Conduct of an E-ADM on the 30th of May 2020
- Ratification of the postponement of the election by the outgoing NOC.

Then, the defining moment came when, on Saturday, the 30th of May 2020, the plenary started at 10.23am. The opening prayer was said by Dr James Omietimi. This was closely followed by an opening remark the President, Dr Francis Adedayo Faduyile (FAF), who thanked God and appreciated members for their support throughout his tenure which began on the 5th of May 2018 and should have ended on the 2nd of May 2020.

However, the elections were shifted to the 30th of May 2020 due to the COVID-19 pandemic.

Highlights of the plenary were reports from states and affiliates like NAGGMDP, MWAN, MEDSABAM, NDA and AGPMPN.

Committees who presented reports included Cancer, Cooperative, CME, Disciplinary, Awards and Honours, Human trafficking, Sports, NMA National Committee on Road Safety and Trauma Services, NMA Building and Communique. The plenary was brought to an end by 12.10pm.

At about 12.18pm, the historic ADM commenced with an opening prayer by Dr Abubakar Sadiq. The agenda was adopted with the major item being the conduct of elections.

In furtherance to the actualization of this overriding objective of the ADM, the

National Officers Committee (NOC) was dissolved after exhausting all the items on the agenda.

Afterwards, a motion for the nomination of Dr Akpufuoama Pemu as the Returning Officer was moved by Dr Uche Ojinmah. The motion was duly seconded by Dr Carol Iwuoha.

The Returning Officer subsequently appointed Dr Shehu Mohammed and Dr Cajetan Onyedum to assist him, and then at 3.04pm on Saturday, 30th May 2020, Dr Francis Adedayo Faduyile's 2-year tenure came to an end.

At precisely 5.00pm, the election started and lasted for about one(1) hour and at the end of the historic virtual election, the results were as follows;

President:

1. Prof (Dr) Innocent A O Ujah FNMA mni - 347 votes
2. Dr Jerry The First Oguzie - 19 votes
3. Prof(Dr) Ibrahim Katibi- 6 votes
3. Prof (Dr) Titus Ibekwe - 5 votes

Secretary General

1. Dr Ekpe Philips Uche - 259 votes
2. Dr Usman Galadima - 113 votes

Deputy Secretary General

1. Dr Saliu Oseni- 371 votes
2. Dr Sunday Luro-6 votes

National Publicity Secretary

1. Dr Aniekeme Uwah JP - 309votes
2. Dr Etiobong Etukumana -68 votes.

The other officers namely;

- The First Vice President
 - The Second Vice President
 - The National Treasurer
 - The National Publicity Secretary
- were returned unopposed.

At about 6.30pm, the newly elected President, Prof (Dr) Innocent Achanya Otobo Ujah FNMA mni gave his acceptance speech and promised to focus on financial integrity, collaborations with partners and sustained engagements with health care workers. The acceptance which was approximately 12 minutes ended by 6.42pm.

The historic first ever virtual NMA Annual Delegates Meeting (ADM) was brought to an end when a motion for an adjournment was moved by Dr Carol Iwuoha and ably seconded by Dr Pokop Bupwatda. The closing prayer was said by Dr Joseph Ngbea at 6.46pm



Goodwill Message



Prof. Rasheed Ayodele Adebayo
Vice President 1



Prof. Innocent Acharya Odo Ujah FNMA mni
President



Dr. Baiyabo Alhaji Ibrahim
Vice President 2



Dr. Ekpe Philips Uche
Secretary General



Dr. Saliu Olugbenga Oseni
Deputy Sec. General



Dr. Sir Eric Azuka Anazodo
National Treasurer



Dr. Pobe Dauro Degri
National Financial Secretary



Dr. Aniekeme Aniefiok Uwah
National Publicity Secretary



Dr. Augustine Vincent Umoh
Professor & Consultant, Obstetrician/ Gynaecologist
Editor, Nigerian Medical Journal



Dr. Francis Adedayo Faduyile
Ex-Officio I



Dr. Olumiyiwa Peter Odusote
Ex-Officio II

On behalf of our families, we wish to felicitate with the President of the Nigerian Medical Association (NMA), Prof(Dr) IAO Ujah FNMA mni on his election and subsequent swearing in to office as the 30th President of our association. Also , we heartily congratulate all the members of the National Officers Committee (NOC) especially Drs Eric Anazodo (Treasurer) & Aniekeme Uwah (NPS), members of the the State Officers Committee (SOC) in our various state branches on their victory at the polls and subsequent swearing into office. We pray God continues to guide and protect you as you pilot the affairs of our dear association at the state and national levels for the next two years. Con gratulations once again and best wishes.

Signed:

**Dr Uche Ojinmah, Past Second Vice President of NMA &
Prof Jeremiah Israel , Past NMA Bayelsa State Chairman and
South South NMA Caucus Chairman.**



ACCEPTANCE SPEECH

BY DR INNOCENT A.O. UJAH, FNMA, mni

Professor of Obstetrics & Gynaecology

ON THE OCCASION OF BEING ELECTED

AS PRESIDENT OF THE NIGERIAN MEDICAL ASSOCIATION

(2020-2022) ON SATURDAY 30TH MAY, 2020.

Protocol.



Today, history has been made in the annals of the Nigerian Medical Association (NMA), that despite the challenges occasioned by the novel virus ravaging the nations, the NMA is also able to collectively evolve a novel approach

in using technology to conduct its meetings and further conducting elections using electronic means into the national offices.

I am excited, humbled and grateful to God Almighty and you all for electing me as the President of the Nigerian Medical Association. Thank you for this great honor and privilege, whose import is deeply ingrained in my conscience.

I wish to dedicate this victory first, to my wife and children and secondly, to my bosom friend, Associate Professor (Dr) Dennis Isaac Ifenne of blessed memory. He would have wished to witness this historic moment of the landslide victory, which is the outcome of years of struggle to contribute to the growth of our noble Association at highest level of governance.



2. You have spoken with your votes which is an established democratic process and expressed with clarity of your trust in me and my leadership ability by this broad-based national and inter-generational support across the country, which as I call, a landslide victory and can also be easily tagged a moon slide victory. With this trust comes a great responsibility to lead our great and vibrant professional body, The Nigerian Medical Association (NMA) with confident

strides towards the path of glory and positive impact. I am pleased to say that I have humbly accepted to serve as your President from 2020 to 2022. I promise to devote every effort to lead our Association to greatness, but of course, with your sustained support.

3. To my fellow contestants, I want to thank you for running an intensely competitive campaign and for opening my eyes to some perspectives concerning our professional Association. Even though some among us went too far during the campaigns, we must leave that in the past and focus on the present and future of NMA. Therefore, I wish to extend my hand of fellowship to those who contested with me, that you come and join me in this onerous task of leading and transforming Nigerian Medical Association (NMA). Your genuine ideas, inputs and advice will be greatly welcomed.

4. I also wish to congratulate other members of the National Officers' Committee (NOC) for emerging victorious in this election. It is my earnest desire that teamwork shall become our modus operandi and modus vivendi. It my hope and desire that we work as a syncytial unit beating with one heartbeat of vision to steer, with courage, innovation and persistence, the wheels of NMA. I appeal to each member of the NOC to take his roles and responsibilities with all the seriousness and commitment that is desired so that the sum of these individual contributions will lead to impactful outcomes for NMA and the profession.

Furthermore, I will run an all-inclusive government, where the voices and concerns of our members will be heard, validated and served, to guide our actions as NOC, they will act as our parameter to guide our actions. We will work on encouraging more women to play more active roles in NMA.

5. Our administration will take the issue of the welfare of our members as a top priority. We will lobby, consult and advocate for improved remuneration, strategically engage realistic hazard allowance and its universal applicability, and many more.

6. We face a crucial time with the global public health emergency, the Covid-19 pandemic. This pandemic is not just a health crisis but also a socio-economic crisis. The Pandemic has exposed the weak health system in Nigeria which requires urgent response, hence, NMA must be innovative, creative and active in its approach to national and global issues as this affects health care and our people.

7. We shall do all we can to reduce the cost of running the Association by adopting technology for some of our meetings. We will manage our resources with utmost degree of integrity and ensure that international standards of financial management are adopted in NMA, in order to enhance accountability and transparency in the day-to-day operations of our Association. In addition, we will seek innovative ways for sustainable funding for NMA. I appeal to our members with such ideas to please reach out to the NOC with their contributions.

8. The NMA National Strategic Plan will be at the front burner of our administration. We will put together experienced team to facilitate the planning, implementation and evaluation of policies and programs for NMA. It is time for NMA to adopt a development-sector thinking and approach in its operations. That way, we will entrench efficiency and effective management of our aspirations with our meagre resources.

9. While leveraging on the gains of previous administrations, collectively, we shall open up new frontiers in line with my IMPACT manifesto. Our administration will specifically focus on seeking mutually beneficial

collaborations and partnerships with Government and other organizations both at national and international levels, to uphold the dignity and the welfare of the Nigerian Doctors, and improve health delivery outcomes to our people. We shall continue to engage other health workers in order to improve inter-professional harmony within the health sector so as to understand one another and by seeking and pursuing common goals.

10. Over the next two years, we will continue to build on our strengths, but also take on new focused directions. We all know that NMA is a professional Association and not a trade union and we will continue our policies and programmes to strengthen our professionalism through commitment and solidarity. If each one of us puts in what we can, we will get back what we need and continue to build a strong and vibrant Association.

11. In referring to our proud past as an Association, I wish to acknowledge the achievements of our outgone NOC who served the Association in the last two years under the leadership of Prince (Dr) Francis Adedayo Faduyile, we shall build on his successes and learn from his failings. I thank you all and on behalf of all colleagues, I present to you all our gift of appreciation.

12. My special gratitude goes to the IMPACT 2020 campaign Team ably led by Dr Christopher Piwuna, (Director-General of the Campaign Team) and NMA Plateau State, for the massive support, and great coordination during this campaign. Your sacrifices, commitment and innovativeness were in eloquent display throughout the campaign. I am saying thank you from the depth of my heart. I

acknowledge the support of past Presidents, our supporters across the globe, the NMA Northern caucus, and all the other caucuses in NMA, and many others I am unable to mention here due to space. Without your support, this victory would not have been possible. I assure you that I will work hard to justify the trust you have reposed in me and the NOC.

I wish to specially thank the Chairman, Plateau State NMA Dr. Titus Bulus Dajel whose support for my candidacy is salutary and as solid as the rock of Gibraltar.

13. I will not want to bore you with a long speech at this stage, however, I promise that together with the NOC, and with the support of all Nigerian Doctors, we shall work tirelessly and round the clock to actualize the IMPACT AGENDA FOR RESULTS (Talk&door talknado), taking each impact agenda seriously as we move the Association to greater heights.

I thank you all and I look forward to an exciting immediate future for all of us. Let's make IMPACT together, and I request of your support to succeed.

Long Live NMA! Long live the Federal Republic of Nigeria!!

Dr Innocent IAO Ujah, FNMA, mni
Professor & Consultant of Obstetrics & Gynaecology
*NMA President 2020/2022,
30th May, 2020.*

Goodwill Message

Medical Women's Association of Nigeria (MWAN) ably led by Dr. Minnie I. Oseji wishes to congratulate the 30th NMA Chairman Prof. Innocent A. O. Ujah FNMA, mni for his success at the 30th May, 2020 NMA 1st ever virtual elections.

We also wish to congratulate the new executives and pray that they will have a successful tenure.

We acknowledge Prof. I. O. A. Ujah's encouragement towards women playing more active roles in NMA and strongly believe it will be achieved as we work together.





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COMMUNIQUE ISSUED AT THE END OF THE VIRTUAL 60th ANNUAL GENERAL CONFERENCE AND DELEGATES MEETING(AGC/ADM) OF THE NIGERIAN MEDICAL ASSOCIATION HELD ON 30TH MAY, 2020.

Preamble



The 60th Annual General Conference and Delegates meeting (AGC/ADM) of Nigerian Medical Association (NMA) was held online on Saturday, 30th May, 2020. The 60th AGC/ADM was previously slated to be hosted by NMA Plateau State Branch, Nigeria between 25th April and 2nd May, 2020. The theme of the ADM was **“Nigeria and the Global Health Agenda 2030: Patient- Centered Care.** The Sub - themes were “Emergency Medicine: *Hand-on-Skills for Nigerian Doctors, Innovation in Medicine, Public Private Partnership: Opportunities for greater efficiency in the Nigerian Health Sector and Strengthening Medical Entrepreneurship: Opportunities for Nigerian Doctors.* However, the current ravaging COVID-19 Pandemic and the attendant restriction of interstate movement and mass gatherings prevented the Association from holding the physical meeting in Jos, Plateau State, on earlier scheduled date.

However, in deference to the constitutional requirements for the tenure of elected officers and to sustain the calendar of the Association, there was a collective decision by the National Executive Council (NEC) to adopt an earlier recommendation of the Committee of Past Presidents, for the organization of a virtual AGC/ADM. This was the first time in the history of NMA that a virtual AGC/ADM was held – A doctrine of necessity.

The AGC/ADM was preceded by a virtual National

Executive Council (NEC) meeting which held on Monday, 25th May, 2020. The Annual Delegates Meeting which was attended by 332 delegates from 36 NMA State Branches across the country and the NMA Federal Capital Territory (FCT) Branch, climaxed with the very successful elections into the National Officers' Committee of NMA for the 2020- 2022 Executive year.

OBSERVATIONS

1. The AGC/ADM noted that the World was facing the greatest health crisis in over a century, and since the outbreak of COVID-19 Pandemic in Nigeria on 27th February, 2020 the number of confirmed cases had been on the increase.

2. The AGC/ADM specially commended Medical Doctors and all other Health Workers in Nigeria for their efforts at containing the scourge of COVID-19 Pandemic in the country despite the very weak health system, inadequate Personal Protective Equipment (PPEs), poor remuneration, and the overall shortage of healthcare professionals in the country.

3. The AGC/ADM unequivocally condemned the non-implementation of the CONMESS circular for the payment of medical allowances accrued to all medically qualified Medical Doctors and Dentists in the employment of Nigerian Universities.

4. The AGC/ADM expressed dismay on the failure of both the Federal and State Governments to effectively check security lapses and the rising incidence of

kidnapping, banditry and killing of innocent Nigerians. Special reference was made to our members who were still being held by their abductors.

5. The AGC/ADM commended the Central Bank of Nigeria (CBN) for partnering with Nigerian Medical Association (NMA) in the provision of special fund for the development of the health sector in Nigeria.

6. The AGC/ADM applauded the efforts of the NMA leadership led by Dr. Francis Adedayo Faduyile (2018- 2020) for settling all legal encumbrances on the NMA Land in Abuja, mobilizing Nigerian doctors to contribute financially towards the building of a befitting NMA National Secretariat and the successful ground-breaking ceremony and Foundation Laying of the Multi Billion Naira NMA House held on Wednesday, 27th May, 2020.

7. The AGC/ADM congratulated Prof. Innocent Achanya Ootobo Ujah, FNMA, mni a distinguished Professor of Obstetrics and Gynaecology, newly appointed Vice- Chancellor, Federal University of Health Sciences, Otukpo , Benue State and former Director-General, Nigerian Institute of Medical Research (NIMR) on his historic election and installation as the new President of Nigerian Medical Association for 2020-2022 Executive Year.

The following officers were elected to run the affairs of the Association for the next two (2) years (2020-2022) Prof. Innocent A.O.Ujah FNMA, mni (President), Prof. Rasaaq Ayodele Adebayo (First Vice-President), Dr. Daiyabu Alhaji Ibrahim (Second Vice-President), Dr. Philips Uche Ekpe (Secretary-General), Dr. Saliu Olugbenga Oseni (Deputy Secretary-General), Dr. Eric Azuka Anazodo (the National Treasurer), Dr. Pobe Degri Jauro

(National Financial Secretary), Dr. Aniekeme Aniefiok Uwah JP (National Publicity Secretary).

RESOLUTIONS

1. The AGC/ADM implored all Nigerian doctors, the Federal and State Governments and all stakeholders, to sustain the present momentum and commitment towards the containment of COVID-19 Pandemic in Nigeria.

2. The AGC/ADM urged Governments at all levels to provide robust palliatives for Nigerians and to increase capacity and capability of health workers, to ramp up population testing which is a reliable “barometer” to predict community prevalence and transmission.

3. The AGC/ADM strongly demanded the implementation of special risk allowance and insurance cover for all health workers at the Federal, State and Local Government levels, and the Private Sector

4. The AGC/ADM implored the Federal Government to always consider the extant laws regulating the practice of Medicine in Nigeria as enshrined in the Medical and Dental Practitioners Act Cap M8, 2004 laws of Federation of Nigeria and to consult with Medical and Dental Council of Nigeria (MDCN), before granting approvals for foreigners before they can be allowed to manage any patient in Nigeria.

5. The AGC/ADM restated her call on the Nigerian Universities Commission (NUC) to direct all the Vice-Chancellors to immediately adopt the revised CONMESS circular for the payment of all allowances for all doctors in the employment of the Universities.

6. The AGC/ADM further restated her earlier call on the Abia State Government to pay doctors and other health workers their accrued salaries, without further delay. The AGC/ADM also called on the Managements of all health facilities in the country to stop casualization of Medical and Dental Practitioners as this was contrary to relevant labour laws of engagement.

7. The AGC/ADM adopted the various recommendations of the NMA National Disciplinary Committee (NDC) as follows:

(i). The indefinite suspension of Dr. Awkadiwe Fredrick Ikenna from the Nigerian Medical Association (NMA).

(ii). The lifting of the suspension order placed on Dr. Abdullahi Alfa, with his re-integrated back into NMA Kaduna State Branch.

(iii). The lifting of the suspension order on Dr. Waziri Garba Dahiru, with all his rights and privileges as a member of NMA Kaduna State Branch restored forthwith.

The State Officers Committee of Kaduna State Branch of NMA was directed to formally withdraw the letters written to Dr. Waziri Dahiru with an apology letter tendered to him. Dr. Waziri Garba Dahiru on the other hand was mandated to formally apologize to the Secretary of Kaduna State Branch of NMA, Dr. Ifeanyi Aghadi Kene, with submission of evidence of withdrawal of his private legal suit against Dr. Ifeanyi Aghadi Kene, to the NMA National Secretariat in Abuja.

8. The AGC/ADM affirmed the confidence of the NMA in the ability of Dr. Eleanor Nwadinobi as the International President of the Medical Women International Association (MWIA) to surpass past records in the administration of the Association and pledged to accord her the needed support to fly the flag of the (MWIA) to an amiable height as a Nigerian.

9. The AGC/ADM directed the NMA NOC 2020- 2022 to strengthen the on-going bilateral and multi-lateral understanding between the NMA and other health professional bodies and further use the template to reach out to other professional associations in the health sector to ensure a

lasting inter-professional harmony.

10. The AGC/ADM resolved to build a befitting NMA HOUSE in Abuja and appealed to Government at all levels, Philanthropists and well-meaning Nigerians to support this lofty project.

11. The AGC/ ADM directed the NMA NOC for 2020- 2022 to implement the various recommendations from the 2nd National Health Summit as well as the Committee for NMA National Games on the various ways of improving Nigeria Health Outcomes and Indices, and ensuring improved NMA National Games in the future.

12. The AGC/DC implored the newly installed President of Nigerian Medical Association (NMA) and other members of the NOC, to be good ambassadors of the Association and the Medical Profession as they take charge of the affairs of NMA in the next two years.

APPRECIATION:

The Nigerian Medical Association is immensely grateful to the following: Chairman, House of Representative Committee on Health & Human Services; Hon.(Dr.) Yusuf Tanko Sununu for his invaluable contribution to Healthcare in Nigeria, President of the Commonwealth Medical Association and Past President Nigerian Medical Association; Dr. Osahon Enabulele, all Past Presidents of NMA, 2018-2020 NMA NOC led by Dr. Francis A. Faduyile, all the Chairmen of NMA State Branches & FCT , and the entirety of all Nigerian Doctors.

Prof (Dr) Innocent A. O. Ujah, FNMA, mni
Dr. Philips U.Ekpe
PRESIDENT
SECRETARY-GENERAL



*Message of
Congratulations* to
DR PABARA NEWTON IGWELE
HONOURABLE COMMISSIONER FOR HEALTH, BAYELSA STATE

My dear brother and friend,

It gives me great pleasure to congratulate you, *Dr Pabara Newton Igwele,* on your appointment as Honourable Commissioner for Health Bayelsa State.

I was entralled on the rapturous news of your appointment. Firstly because you have my best wishes ALWAYS. Secondly because you deserve it having courageously dared to work very hard towards your leading and convictions in leadership. But more importantly because the good people of Bayelsa deserve to have a God-fearing, humble & humane, compassionate and caring, intelligent & visionary, warm & dynamic young man leading from the front in the quest to transform the health sector of Bayelsa.

You've always worn diligence, dedication and professionalism like a toga. I am sure that under your great leadership, wisdom and guidance the health sector in Bayelsa will attain much greater heights and achievements. I wish you much success in your new office.

Once again, please accept, Honourable Commissioner Sir, my heartfelt congratulations.

Dr Ekem Emmanuel John
Secretary, NMA Akwa Ibom



NMA STATE OFFICERS' COMMITTEE 2020 –2022**NORTH WEST****NMA KANO STATE OFFICERS' COMMITTEE**

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2. Dr Zainab Abdulkadir- Vice Chairman
3. Dr Magashi Tijjani Garba - Vice Chairman
4. Dr Abubakar Nagoma Usman- Secretary
5. Dr Nura Hassan Aliyu - Deputy Secretary
6. Dr Isiaka Musa Alfa - Financial Secretary
7. Dr Ashiru H. Yusuf - Treasurer
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9. Dr Umar Sabo Sulaimani- Welfare
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 Dr Joga S. Joga - Sports Secretary
 Dr Gidado Muhammad- Welfare Secretary

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 2nd Vice Chairman: Dr Monsudi Kehinde
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8. Dr. Bukar Mohammed Galtimari Social And Welfare Officer
9. Dr. Mohammed Bukar - Editor Of Bomj
- 10.Dr. Aliyu Mohammed Kodiya Ex-officio I -
11. Dr. Yakubu Mohammed Elyakub- Ex-officio II -

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5. Dr Samuel Lamech Lembi Asst Secretary-
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7. Dr. Dishon Innocent - Financial Secretary
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9. Dr. Babagana Mustapha Abubakar - Ex Officio I
10. Dr. Lawson O. Obazenum - Ex Officio li

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4. Dr Peter Itodo- assistant Secretary
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6. Dr Patience Okpe- Welfare Secretary
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- 7) Dr Samuel Babatunde. Director Of
Welfare/social
- 8) Dr Mohammed Umoru. Auditor I
- 9) Dr Zubair Kabiru Ex Official I
- 10) Dr Okungbowa Osaretin Ex Officio Ii

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9. Dr Yusuf M- Immediate Past Secretary

I Wish The New Soc A Remarkable
 Tenure.

Dr. Yusuf M

Immediate Past Secretary, Nma Niger

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4. Assist Secretary: Dr Nakah J. Nababa
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6. Financial Secretary: Dr Mbwas
Mashor
7. Pro: Dr Datiyi Chomo S.
8. Ex-officio I: Dr Dajel, Titus.
- 9 Ex-officio Ii: Dr Kumtap, Yilji.

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8. Dr Ogungbemi A.- Financial Secretary
9. DR Salami O - Publicity Secretary
10. Editor- Dr Adetunji tajudeen
11. Deputy Editor- Dr Ubom Benard

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6. Financial Secretary.Dr. Alero O. Adegbolagun

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7. Dr. Temitope Jolayemi - Treasurer
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9. Dr. (Mrs) Mercy Akinwumi - Social Director
10. Dr. Benjamin O. Adegoke - Publicity Director
11. Dr. Tunji Omotayo Immediate Past Chairman NMA Ekiti

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Dr. Adegboyega Akintola - Deputy Secretary
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Dr. Alalade Obatomi - Financial Secretary
Dr. Abodunrin Peters- Social Secretary
Dr. Funmi Iyanda - Internal Auditor

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2. Dr Mary Udoh - Vice Chairman
3. Dr Ekem Emmanuel John - Secretary
4. Dr Jumbo Hezekiah- Assistant Secretary
5. Dr Usenobong Morgan Akpan - Treasurer
6. Dr Imoh Johnson- Financial Secretary
7. Dr Nsisong Asanga - Public Relations Officer
8. Dr Nsikak Nyoyoko- Ex-Officio I
9. Dr Ema Inyang- Ex-Officio II

NMA BAYELSA STATE OFFICERS' COMMITTEE

Dr. Ngowari Torunana: Chairman
 Dr. Ebibodere Baulch: Vice Chairman
 Dr. Onini Nathan Ebimobowei: Secretary
 Dr. McEtehi Damini: Assistant Secretary
 Dr. Mabel Emudiaga-Ohwerhi: Financial Secretary
 Dr. Faith Ugavah Layeifa: Treasurer
 Dr. Tom Tomworio: Public Relations Officer

NMA CROSS RIVER STATE BRANCH STATE OFFICERS' COMMITTEE 2020- 2022

1. Dr Innocent Egbeji Abang-Chairman
2. Dr Pius Agweye - Vice Chairman
3. Dr Freeman Jabengo Egbe - Secretary
4. Dr Etim Asuquo Amaku - Assistant Secretary-
5. Dr Elijah Ofre Abang -Treasurer-
6. Dr Idem Irene Eyamba-Idem - Financial Secretary
7. Dr Besong-Ngem Akotanchi- Public Relations Officer
8. Dr Funke Sandra Ebughe - Welfare Officer-
9. Ex Officio I- Dr Agam E. Ayuk
10. Ex Officio II - Dr Ezoke Epoke

NMA DELTA STATE OFFICERS COMMITTEE

Dr Nwose Emmanuel - Chairman
 Dr Loius Wilson - Vice Chairman
 Dr Innocent Okoacha - Secretary
 Dr Idaboh Tega -Deputy Secretary
 Dr Otena Christopher - Treasurer
 Dr Omovigho Agbele - Financial Secretary
 Dr Anthony Ojeih - Pro
 Dr Joseph Ogheneogaga Onjaeme Welfare/ Social Secretary

NMA EDO STATE OFFICERS' COMMITTEE

1. Dr Omokhua Harrison - Chairman
2. Dr Amina Okhakhu - Deputy Chairman
3. Dr Oamen John Blaze Osezua - Secretary
4. Dr Enodiana Godfrey Osemwengie Deputy Secretary
5. Dr Oseghale Eustace - Treasurer
6. Dr Hilda Omoregbee - Financial Secretary
7. Dr Amakhian Aletor - Public Relation Officer
8. Dr Omoifo Valentine - Ex-officio I
9. Dr Anthonia Inibokun Njoku - Ex-officio II

NMA RIVERS STATE OFFICERS' COMMITTEE

1. Dr. Alikor Chizindu - Chairman
2. Dr. Kwosah Gift Barifaa - Vice Chairman I
3. Dr. Henry Sota - Vice Chairman II
4. Dr. Famba Famba Daniel - Secretary
5. Dr. Ohaka Justice - Assistant Secretary
6. Dr. Vivian Ile-Treasurer
7. Dr. Avunda Hope Ow honndaa - Financial Secretary
8. Dr. Irene Obuzor - Public Relation
9. Dr. Emem Chioma Pedro - Editor
10. Dr. Adebisi Obelebra Ex- Officio I
11. Dr. Diamond Tamunokuro Ex- Officio II

SOUTH EAST ZONE

NMA ABIA STATE OFFICERS' COMMITTEE

- 1) Chairman----Dr Chimezie Godswill Okwuonu
- 2)vice Chairman- Dr Umenwa Joachin
- 3) Secretary
Dr Robinson Ugwuanyi U
- 4) Treasurer - Dr Ekekwe Emmanuel E
- 5) Financial Secretary - Dr Agu Francis Uchenna
- 6) Assistant Secretary - Dr Ekeleme Daniel
- 7) Welfare Secretary - Dr Enyinwa Mercy

Dr Mrs Iwuoha E.C IPC

NMA ANAMBRA STATE BRANCH STATE OFFICERS' COMMITTEE

1. Dr Jide Onyekwelu- Chairman
2. Dr Jane Ezeonu- Vice Chairman
3. Dr Dubem Awachie- Secretary
4. Dr Augustine Enenmoh- Assistant Secretary
5. Dr Duru Ugochukwu- Treasurer
6. Dr Onyinye Nwazor- Financial Secretary
7. Dr Ndubuisi Arua- Publicity/ Information Secretary
8. Dr Ikenna Melifonwu- Social Secretary
9. Dr Hyginus Ekwunife- Editor
10. Dr Emmanuel Monago- Ex-officio I
11. Dr Louis Nwajiaku- Ex-officio II

NMA EBONYI STATE OFFICERS' COMMITTEE

Dr. Umezurike Benjamin
Ikechukwu...Chairman
Dr. Okafor Ifeyinwa...Vice Chairman
Dr. Anyigor-Ogah Chijioke
Stanley...Secretary
Dr. Okoye Pascal...Assistant Secretary

Dr. Nhaji Theresa...Treasurer
Dr. Etu Kenneth Eze...Financial Secretary
Dr. Desi Ibemesi...Public Relations' Officer
Dr. Ilodiana Michael...Social Secretary
Dr. Egede John.. Ex-Officio I
Dr. Nwoye Chukwuemeka... Ex-Officio II

NMA IMO STATE OFFICERS COMMITTEE (SOC)

1. Dr. Okwara Chidiebere - Chairman.
2. Dr. Dike Victor - Vice Chairman.
3. Dr. Nwafor Kingsley -Secretary.
4. Dr. Obiyo Frank- Deputy Secretary.
5. Dr. Agbugbaeruleke Sylvia -Treasurer.
6. Dr. Una Edward -Financial Secretary.
7. Dr. Ezechukwu Nwokoma -Welfare Officer.
8. Dr. Ohadimma Uzoma.
Publicity Secretary.
9. Dr. Duruewuru Kyrian.
Ex-officio I
10. Dr. Ogaziechi Kenneth.
Ex-officio II

Congratulatory Message

This is to heartily congratulate my father, teacher, mentor, NMA elder statesman cum political juggernaut, a leader per excellence, a distinguished Professor of Obstetrics and Gynaecology, Prof. Innocent Achanya Ootob Ujah FNMA, mni, who was not only found worthy of appointment by the President and Commander - in- Chief, Federal Republic of Nigeria, President Muhammadu Buhari GCFR, as the pioneer Vice Chancellor of the first Federal University of Medical Sciences located in the serene town of Oturkpo in Benue State (food basket of the nation) but also, the overwhelming votes gotten from his constituency (NMA) to become the President of the largest medical Association not only in West Africa but in Africa as a whole (The Nigerian Medical Association). Sir, this is as a result of your doggedness, tenacity, sincerity, honesty, dedication and determination coupled with the zeal to excel in whatever position you find yourself. The NIMR yaba lagos story is still fresh

in our minds. We are indeed proud to be called the "Ujah boys" now and always as the labour of our heroes past shall never be in vain. We shall remain loyal and



grateful to you for the mentorship for over 4 decades which we are still learning. You are indeed a Boss worthy of emulation. I must not forget to equally Congratulate all the other NOC members, all states NMA chapters across the 36states/fct for their successful emergence during their respective elections. Wishing all the newly constituted NMA 2020/2022 NEC members a successful tenure in office. NMA wins, our pride, forward ever.

Dr. Abubakar Abdulrahman (Triple A)

Former NMA Chairman Bauchi state chapter (2008/2010).

Former NMA National Treasurer (2014/2016) Immediate past Secretary NMA National internal Audit Cttee. NMA Rep. Board of Governing Council FTHG.

(Chairman AP/DC of the Board).



DECEMBER
2019
NEC MEETING:
ECHOES FROM KANO

KANO 2019 NEC MEETING: ECHOES FROM KANO - Dr Sanusi Bala

For the first time, Kano stood head above shoulders to host the Nigerian doctors in the December 2019 National Executive Council in Kano at the Marhaba Event Center between Sunday 9th to Sunday 15th December, 2019. The event started with;

Day 1: Arrival of the National Officers Committee.

Day 2: Medical Outreach to Gwarzo LGA and courtesy Visits to the Emir of Karaye.

Day 3: Medical Outreach to Galula, Hotoro LGA and courtesy visits to the Exec Governor of Kano

The impact made for the two out-reaches was summarized below;

MEDICAL SERVICES		GWARZO GEN HOSP	HOTORO PHC	TOTAL
DENTAL SERVICES		157	92	249
CATARACT EXTRACTION		120	55	175
MINOR SURGERIES	PAEDIATRIC	15	19	34
	ADULT	47	16	63
MEDICAL CONSULTATION (PLUS LABS & FREE MEDICATION SERVS)		4,261	1,052	5,313
				5,834

In addition to above N350,000.00k was donated to one of the patients, a six (6) years child from Gwarzo for three (3) steps surgery of Ectopia Vesicae.

DAY 4: Town Hall Meeting

DAY 5: NEC 1

DAY 6: OPENING CEREMONY

DAY 7: NEC 2 & Variety Night

DAY 8: DEPARTURE

It was a colourful event and an event that many believe, as one of the best NEC ever.

Dr Sanusi Muh'd Bala
IPC Kano



Guest at the opening ceremony of the NMA NEC meeting in Kano State, December 2020



Immediate Past President of NMA and other guests at the opening ceremony of the NMA NEC meeting in Kano State, December 2020



Sights from the opening ceremony of the NMA NEC meeting in Kano State, December 2019



Immediate Past President of NMA having his ear examined by an ENT surgeon during the medical mission conducted as part of the NMA NEC meeting in Kano State, December 2019



Sights from the opening ceremony of the NMA NEC meeting in Kano State, December 2019



Immediate Past President of NMA, Dr Francis Adedayo Faduyile during the flag-off of the Medical mission in Kano State as part of the NMA NEC meeting in December, 2019



Delegates at the opening ceremony of the NMA NEC meeting in Kano State, December, 2019



The President of NMA, Prof(Dr) Innocent A O Ujah FNMA mni and Distinguished Medical Elder, Dr Frank Ebozue taking a ride to one of the venues of the NMA NEC meeting in Kano, December 2019

Goodwill Messages

I wish to congratulate the NOC ably led by Prof. Ujah on their election into offices. I wish them blissful tenure of office.



On behalf of myself and the entire membership of NMA Nasarawa Branch, we wish to heartily congratulate our erudite Prof, mni, VC and President on his victory at the NMA National Polls. We are certain of your all-inclusive leadership style and look forth to greater achievements for NMA and the Federal Medical University. Stay safe and remain blessed.

Dr Bulus Peter Umaru
NMA Nasarawa State.



On behalf of my family, I wish to felicitate with the President of the Nigerian Medical Association (NMA), Prof(Dr) IAO Ujah FNMA mni on his election and subsequent swearing in to office as the 30th President of our association.

Also, I heartily congratulate all the members of the National Officers Committee (NOC), members of the State Officers Committee (SOC) in our various state branches on their victory at the polls and subsequent swearing into office.

I fervently pray for God's continuous guidance and protection as you pilot the affairs of our dear association at the state and national levels for the next two years.

Congratulations once again and best wishes.

Signed:

Dr Tunji Omotayo
Immediate Past Chairman
NMA Ekiti State branch



The GOMBE JEWEL TRAIN for 2020/2021 NARD SECRETARIAT BID wishes to congratulate the entire NOC and NEC members of the Nigerian Medical Association ((NMA) under the leadership of Professor Innocent Ujah (mni).

We pray that God will give you the wisdom to steer the course of NMA to an enviable heights.

Sign:

GOMBE JEWEL TRAIN.

This is to wish the Newly Elected members of the NMA NOC (2020-2022) a happy and prosperous Executive Tenure. It is my prayer that at the end of it all the bond of relationship will be greater than it was at the beginning.

Once again congratulations my Comrades.

Thank you all,

Dr. Ayuwaja Nayagawa
Immediate Past National Treasurer
(NMA NOC 2018-2020).

DR STEPHEN KITCHENER OON

CELEBRATES

80TH

BIRTHDAY.

On Monday, 10th August 2020, Doctors and men of goodwill across the globe rolled out their drums amidst pomp and pageantry to celebrate an Enigma at 80.

Born on the 10th of August 1940, Dr Stephen Kitchener has lived a very remarkable and impactful life worthy of emulation.

He has become a Leader of Leaders, a great Teacher, Role Model, Icon and Mentor to many.

He was the 21st President of NMA from 2002 to 2004. Dr Stephen Kitchener is a household name in Zaria and perhaps Kaduna State and is reputed to be the first Doctor to own a private clinic in the ancient city and her environs.

Anna Kitch Hospital became very popular because of the relatively cheap services he offered especially with the fact that patients in emergency conditions did not need to pay a Kobo before admission at the clinic.

In his message of felicitation, the President of the Nigerian Medical Association (NMA), Prof (Dr) IAO Ujah FNMA mni celebrated Dr Kitchener for all the personal sacrifices and substantial contributions made over the years to build a united, strong and formidable association.

He also prayed God to bless him with good health, long life and prosperity.

On behalf of the NMA MediNews Editorial Board, I wish our father a happy birthday and many more years of abundant and fulfilling life.



HIS EXCELLENCY,
SENATOR (DR) CHRIS NWABUEZE NGIGE (ONWA)
CELEBRATES HIS



On Saturday, the 8th of August 2020, The Minister of Labour and Employment, Federal Republic of Nigeria who is also a distinguished member of the Nigerian Medical Association (NMA), His Excellency, Senator (Dr) Chris Nwabueze Ngige celebrated his 68th birthday.

Dr Chris Ngige, a man of many parts believes in selfless service and had served the nation in various capacities.



Prior to his present appointment, Dr Chris Ngige had served as the Executive Governor of Anambra State from April 2011-May 2015; Distinguished Senator, Federal Republic of Nigeria from April - May 2015. He has served as a Minister from 2015 to date.

In his message of felicitation, the President of NMA, Prof (Dr) IAO Ujah FNMA mni on behalf of all Nigerian Doctors joined thousands of his friends and well wishers across the world to wish him a very happy and memorable birthday.

On behalf of the Editorial Board of NMA MediNews, we wish Dr Chris Nwabueze Ngige (ONWA) a very happy birthday.

1 of 1

NIGERIA MEDICAL ASSOCIATION ANAMBRA STATE BRANCH



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Our Ref: **NMA/AN/20/08/035** Your Ref: _____ Date: **18/08/2020**

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FELICITATIONS!!!

Warm greetings from the Leadership and members of Nigerian Medical Association, Anambra State.

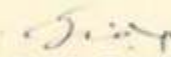
We heartily felicitate with our dynamic President, **Prof. (Dr.) I. A. O. Ujah** FMNA, mni and other members of the National Officers Committee (NOC) especially our very own **Dr Eric Anazodo**- the National Treasurer and a past Anambra State NMA Chairman, on their emergence to pilot the affairs of Nigerian doctors for the next two years.

To our past leaders, your sacrifice of love and dedication is greatly appreciated.


We also congratulate the state branches of NMA for the successful conduct of their elections and gladly look forward to our cerebral, harmonious and fruitful deliberations as National Executive Council (NEC) members.

On the auspices of this Inaugural August NEC Meeting in Abuja for the 2020-2022 NMA leadership, we commend the Local Organising Committee (LOC) for great preparations made and pray for wisdom and understanding to deliver quality leadership beyond expectations.

God bless NMA!!
God bless Nigeria!!!


Dr Jide Onyekwelu
Chairman




Dr Dubem Awachie
Secretary



GLOBAL HEALTH EMERGENCY -

the COVID-19

PANDEMIC: WITHER NIGERIA? - Dr Nankling Lamu

Nigeria like any other country in the world has had its own fair share from the coronavirus disease 2019 (COVID-19), the biggest challenge and common enemy in recent time (**a global health and socio-economic tragedy!**), which was first reported from Wuhan in China, in December 2019. Since then it has spread to all regions of the world, causing significant morbidity, mortality and loss of means of livelihood, with immense strain on the health systems of nations. Countries with strong health systems have had their systems shaken and worse hit are those with already weak health systems like Nigeria.

Since the first confirmed case in Nigeria on the 27th February 2020, the cases have been on the rise till date with a total of 50,964 confirmed cases and 992 deaths (NCDC, 20th August, 2020). There is so much pain behind the statistics for Nigeria and the world at large, most especially for those who are infected, and to those who lost their loved ones from the disease.

Since the declaration of COVID-19 as a Public Health Emergency of International Concern (PHEIC) by the World Health Organization (WHO) in January 2020, countries have battled with the pandemic using varied but comparable approaches. At the moment, nations and world regions are at different levels of controlling the disease with some flattening the epidemic curve while others still experiencing increasing numbers with widespread community transmission.

Globally, there are over 20 million confirmed cases of COVID-19 with over 750,000 deaths. It has been months of fighting the pandemic, with disruptions in essential health services, economic, academic and political activities. This has generally affected the day to day living of people across the globe. Is it possible to go back to normal? How do we go back to normal? Nigeria, like many other countries is looking for a way forward to overcome the challenges posed by the pandemic. Ultimately, the entire world is

looking for a cure for this disease. We have to move forward, and the best way to move forward is to do it together. There is need for continuous activation and maintenance of a coordinated global technical network to bring an end to the pandemic.



If we have to move forward, we must address the health needs of today and that of the future. It is obvious that the global pandemic has thoroughly exposed the degree of the weakness of Nigeria's health system. It is still in order to suppress the increasing number of cases of COVID-19 using a coordinated comprehensive approach, through adequate testing and appropriate clinical care, with the ultimate aim of halting the chains of transmission of the disease.

In April 2020, The World Health Organization (WHO) convened a meeting of world leaders and launched the **Access to COVID-19 Tools (ACT) Accelerator**, a new groundbreaking global collaboration to accelerate development, production, and equitable access to COVID-19 tests, treatments, and vaccines. With over 200 vaccines in varying stages of development, there are 29 vaccines currently undergoing clinical evaluation at different stages (WHO: DRAFT landscape of COVID-19 candidate vaccines-13 August 2020).

What are the next steps?

Strengthening the three main pillars of Access to COVID-19 Tools Accelerator: the three pillars of ACT-Accelerator which include vaccines, therapeutics and diagnostics need to be further strengthened. There is need to speed up research and development of vaccines with accelerated efforts to ensure widespread availability. Effective coordination and

treatment will reduce severe disease and mortality. Also, expansion of innovative diagnostic tools will provide access to early and accurate testing. People who need to be tested should be tested. Testing should be available at the rural settings. At the onset of the pandemic, capital cities were mainly affected, but the virus has now spread from urban to informal and rural settlements, hence the need to make testing centres available in the rural settings. Everyone stepping into any hospital should have their temperatures checked and if possible screened for the disease irrespective of symptoms or reason for visit to the hospital. Effective implementation of hospital testing at various facilities after strict accreditation is necessary. Now that we are in the community transmission phase of the pandemic, with a large number of people who may be asymptomatic, pre-symptomatic individuals are capable of transmitting the virus, it is therefore appropriate to strengthen research for vaccine availability. Whenever the vaccine is available after going through the required process of clinical trials, individuals should be allowed to voluntarily go to the nearest hospital to receive the vaccine.

Speedy and equal access: development of tools alone to fight the pandemic is not enough, there should be easy and equal access to COVID-19 diagnosis and treatment as well as to available vaccines. *Global partners including WHO; the Bill & Melinda Gates Foundation; Gavi, the Vaccine Alliance; the Global Fund; the Coalition for Epidemic Preparedness Innovations (CEPI); and Wellcome Trust are engaged in the ACT-Accelerator collaboration* in order to make the rapid and equitable development and distribution of tools to combat COVID-19 a reality. It is important for the Nigerian medical community to join their

counterparts across the globe in doubling up efforts in developing sensitive tests for equal access. Ensuring equitable distribution of tools is a major bedrock principle, and the ultimate measure to success in the fight against the pandemic.

Safe reopening of economies and societies: several behavioural change activities have been promoted with the onset of the COVID-19 pandemic. Adherence to guidelines by health authorities is key. As the pandemic persists however, adherence appears to be waning. For instance, a walk along a busy market will reveal that a large proportion of the citizens either do not wear a face mask or wear it inappropriately. The fight against the pandemic is not yet over, and thus there is need to sustain adherence to these preventive measures. Measures should be adequately put in place to ensure daily temperature checks, regular hand washing with soap and clean running water over 20 seconds or use of hand sanitizer containing at least 60% alcohol, enforcement of wearing of facemasks, and maintaining physical distancing in public places and gatherings. Avoidance of overcrowding will require a significant adjustment in the environment. Utilizing the network of professionals in the creative industry to circulate messages that are capable of positively changing people's thought process will ultimately result in

behaviour change.

Strengthening the health system: maintaining other essential medical services in the midst of the pandemic to meet all health needs is very crucial. The health system must be strengthened through appropriate prioritization, allocation and alignment of tools and resources. We need stronger and more resilient health system with a reliable response team at all times, in order to meet up with the health needs of the populace especially the vulnerable population. All hands must be on deck, the government, private sector, multilateral organizations as well as all of us as individuals, with solidarity and genuine commitment to build a stronger and more equitable health system. Stimulus incentives to healthcare workers including other professionals on the frontline, as well as their safety and well-being should be a constant priority.

High level collaboration: Nigeria cannot fight the pandemic alone. There is need for local, national, international, trans-regional and global collaborations to continue to fight the pandemic to a successful end. High levels of cooperation between public and private sectors will help to strengthen the health sector, bringing key players for continued development. Also collaboration amongst agencies of all nations with global interconnectedness, solidarity and multilateralism will lead to more success in the fight against the pandemic.

Community coordination, communication and engagement: the effort to contain the pandemic in Nigeria must have been slowed by mistrust for the government by the citizens. It is obvious that most Nigerians do not have confidence in the Nigerian government and the level of coordination. Many have refused to wear face masks, have abandoned the safe

physical distancing and frequent washing of hands with soap and clean water or use of alcohol-based hand sanitizers. There is need for the government to be more sincere and also use the National Orientation Agency for effective sensitization to the general populace especially getting down to the grassroots in the rural settings. Risk communication is vital in ensuring that citizens understand and adhere to guidelines that will improve health through behavioural change in social measures to fight the COVID-19 pandemic. Through risk communication and community engagement, the unique information needs of communities could be assessed, and tailored information appropriately delivered in a manner that would be well understood and accepted. The targeted messages can be amplified through media stations with messages translated in different languages, and also using community and religious leaders to engage people at different fora.

Think piece: "the impact of COVID-19 on women and vulnerable population; possible preventive 'cocktail' for citizens: eventual endemicity."

Coronavirus disease continues to challenge the health sector and economies around the world, hence the need for good progress in all aspects of life. There is need to put in more effort to ensure that the progress is not lost in the face of competing health priorities. The Nigerian government at all levels must *invest more in health, for health is not luxury, health is not just wealth, but health is right and a most cherished necessity which must be at the centre of every development*. Building a more resilient health system is essential in order to overcome not just the COVID-19 pandemic but other challenges bedeviling the health sector and the health of Nigerians. While taking note of the rising number of confirmed

cases in the country, there is no need to panic, but to focus on how well we can adapt to the new normal, and efficiently tackle other health conditions.

The Nigerian Medical Association (NMA) appreciates the role of the World Health Organization so far in the global coordination and comprehensive response to the pandemic. The NMA also appreciates the Nigerian government across all levels, the Federal Ministry of Health, the Nigeria Centre for Disease Control (NCDC), the Presidential Task Force (PTF), amongst others, in the fight against the COVID-19 pandemic, but there is still more work to be done through **central coordination and research, including monitoring and evaluation of the response so far**.

The NMA President, Prof (Dr) Innocent AO Ujah, FNMA, mni and his National Officers' Committee (NOC) extend their unreserved appreciation to all Nigerian Doctors, other health workers, as well as other workers on the frontline, for their commitment and for working tirelessly above and beyond the call of duty in the fight against the pandemic. We continue to pray for eternal repose of the souls of our departed colleagues who lost their lives to COVID-19 in service to our nation.

It is very clear that while we continue to research on COVID-19, including its biology and epidemiology as well as the definitive prevention and treatment, we need to continually embrace the non-pharmacological interventions to successfully fight the disease. We need to be proactive and use evidence-driven measures for desired outcomes in the fight against this common global challenge of our time. These are indeed challenging times but we must all continue to take responsibility as individuals, and stay safe, while we continue to navigate through the pandemic with a solidarity lens and strategically plan for the future.

"No one is safe until all of us are safe." For injury to one, is injury to all!

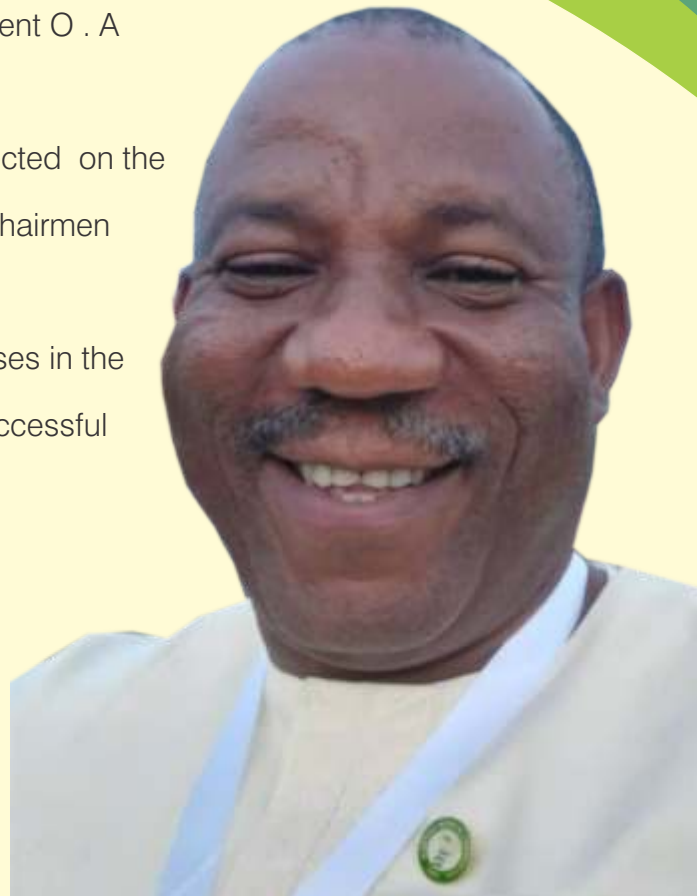


Congratulatory Message

I once again congratulate our president prof Innocent O . A
Ujah
and other National Officers committee of NMA elected on the
30th of May 2020 . Also congratulating the state chairmen
and
SOCs of all the 36 states and Abuja on the successes in the
recently concluded elections . Wishing you all a successful
tenure in office.

Signed:

Dr BARTHY OKORCHUKWU



ENUGU DOCTORS' SHOW OF SHAME: a news analysis

MEDICAL doctors are among the very respected professionals in every society. Members of this noble profession which devotes itself to saving lives also typically carry themselves with such dignity that it is the ambition and pride of many families that they produce at least one medical doctor in an era.

The pictures of bloodied heads that came out of the election of the Enugu branch of the Nigerian Medical Association, NMA, did not at all fit into the high standing associated with doctors, especially in our society.

This is what has come to be expected of motor-park touts and political thugs whom Nigerian politicians use to steal elections through violence and intimidation.

On Thursday, August 6, 2020, the NMA Enugu branch held its elections. According to reports, proceedings turned bloody when some hoodlums allegedly hired by a faction of the association which was allegedly not eligible to participate invaded the venue and caused grievous bodily harm on doctors who had queued to vote. They also destroyed voting materials.

Analysts have commented that the show of shame is a reflection of typical elections in the wider society. They pointed to the recent election of the Nigerian Bar Association, NBA, during which it was alleged that some non-members were hired to vote.

However, the fact that doctors are a part of our society does not prevent them from setting good examples for others to follow.

The purpose of education is to shine the light. When the lamp loses its light, it becomes like the salt that loses its taste.

Why, indeed, should an election of medical doctors lead to violence if the intention is to serve? What is the desperation that will drive people who did not qualify to vote to resort to hiring of thugs and bringing of the NMA to public opprobrium, as the President of the Association, Prof. Innocent Ujah rightly put it in his letter of apology while announcing the setting-up of a three-man committee to probe the violence?

We urge the NMA to confirm its absolute zero tolerance to this shameful occurrence by ensuring that those behind it are exposed and subjected to the highest punitive sanction available in the association's books. Enough must be done to deter such ugly incidence in the future.

Our political leaders should feel ashamed that the bad example they continue to display during our elections are permeating even some of our noblest of professions. Where shall we start the search for a turnaround of our electoral culture where one-person, one-vote culture will become the order of the day?

Unless we clean up our elections at all levels and allow the electorate to choose those to lead, Nigeria will never be a civilised, democratic society.

GOODWILL MESSAGE



Today, the world is recognizing what at CLEARVISIONHQ.INC, we had known all along.. Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution It's Only he who attempts the absurd is capable of achieving the impossible. But First they ignore you... Then they laugh and fight against you... Then you win. Then suddenly, they start hailing and praising you.. Everyone wants success, but it only follows those who make a true approach to get it. Truly there is no shortcut to success! No matter how big a crowd may be, a Titan with battle Scars will always stands out! It is a success reserved for Gladiators par Excellence. It is an achievement earned yours sincerely by Titan with bulletproof Principles and Rock-Solid Ideology. There is no medal for the best beggar of the world. Nobody celebrates beggars.

Attitude differentiates the calm Eagle from the troubled wandering insatiable chicken. We celebrate a medical luminary, A true warrior in its literary meaning, A Titan par Excellence, A Gladiator who fears no combat.

Your recognition by the the Benue State Government has once again defied that logic.

Yessssssssssssssssssssss

That A prophet will be honored both at home and abroad..

Congratulations your Grace mni and Most Distinguished Leader of Leader's par Excellence Sire..

ClearVisionHq.inc Proudly associates herself with your humble self..

A Veteran with a Divine MANDATE,

His Grace and Most Distinguished Leader of Leader's par Excellence mni..

Prof. Ujah IAO as VC and NMA President.

Muchas deo gracias.

Oluwa is fully and completely involve .

Dr. Jimmy Idama
PS NMA KOGI STATE
ASG NCZ.



IMAGINE THIS AUGUST

ODI EGWU 2020

...Akpa Emeka MNIM, CPA, ASAP

HEART-STOPPING

My paramedic team was called to an emergency. Before we took the patient to the hospital, I had a question for his wife. "Does your husband have any cardiac problems?" I asked.

"Yes," she said with a note of concern. "His cardiologist just died."

YOU'RE NOT WRONG...

ER DOCTOR: So, what brings you here?

PATIENT: An ambulance! What do you think?!

My Son's #1 Concern

When my three-year-old was told to pee in a cup at the doctor's office, he unexpectedly got nervous. With a

shaking voice, he asked, "Do I have to drink it?"

WHY YOU SHOULD MAKE LOVE ONCE A YEAR

A therapist has a theory that couples who make love once a day are the happiest. So he tests it at a seminar by asking those assembled, "How many people here make love once a day?" Half the people raise their hands, each of them grinning widely. "Once a week?" A third of the audience members raise their hands, their grins a bit less vibrant. "Once a month?" A few hands tepidly go up. Then he asks, "OK, how about once a year?"

One man in the back jumps up and down, jubilantly waving his hands. The therapist is shocked—this disproves his theory. "If you make love only once a year," he asks, "why are you so happy?"

The man yells, "Today's the day!"

An I.Q. Too High To Buy

A scientist tells a pharmacist, "Give me some prepared tablets of acetylsalicylic acid."

"Do you mean aspirin?" asks the pharmacist.

The scientist slaps his forehead. "That's it!" he says. "I can never remember the name."

The Camper's Second Opinion

Two campers are hiking in the woods when one is bitten on the rear end by a rattlesnake. "I'll go into town for a doctor," the other says. He runs ten miles to a small town and finds the only doctor delivering a baby.



"I can't leave," the doctor says. "But here's what to do. Take a knife, cut a little X where the bite is, suck out the poison and spit it on the ground."

The guy runs back to his friend, who is in agony. "What did the doctor say?" the victim cries.

"He says you're gonna die."

Doctor, Doctor

Two doctors and an HMO manager die and line up together at the Pearly Gates. One doctor steps forward and tells St. Peter, "As a pediatric surgeon, I saved hundreds of children." St. Peter lets him enter.

The next doctor says, "As a psychiatrist, I helped thousands of people live better lives." St. Peter tells him to go ahead.

The last man says, "I was an HMO manager. I got countless families cost-effective health care."

St. Peter replies, "You may enter. But," he adds, "you can only stay for three days. After that, you can go to hell."

Akpa .E. Chukwuemeka, B.A

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REDEFINING HEALTH AND PATIENT CENTERED CARE: THE ROLE OF THE PHYSICIAN

Mazi Akpa E. Chukwuemeka, MNIM, CPS, ASAP



The current healthcare system in Nigeria is characterized by high costs and poor patient outcomes. A value-based healthcare system, centered on providing the highest quality of care for the lowest cost, is the country's chosen solution for its healthcare crisis.

Researchers, policymakers, and healthcare professionals of all political stripes agree that we are in the midst of a "multifactorial and growing crisis of health care systems. The resulting crisis has been met with a push towards a value-based healthcare system, with payment tied to outcomes, that is aimed at reducing societal costs while improving the quality of care to individual patients. As policymakers strive to transform healthcare into a value-based system, there is a parallel process that must occur, where society needs to define very clearly and unambiguously what constitutes health.

According to the World Health Organization (WHO) health is defined as "a state of complete physical, mental and social well-being, not merely the absence of infirmity or disease." This definition was developed in the wake of World War II, when the United Nations created the WHO to spark global health initiatives for individuals all over the world to achieve "the highest possible level of health". At the time, this was considered a revolutionary way of thinking, as the definition expanded the concept of health from mere concern about the physical characteristics of a disease to a consideration of the social determinants which affect a patient's health outcome and quality of life.

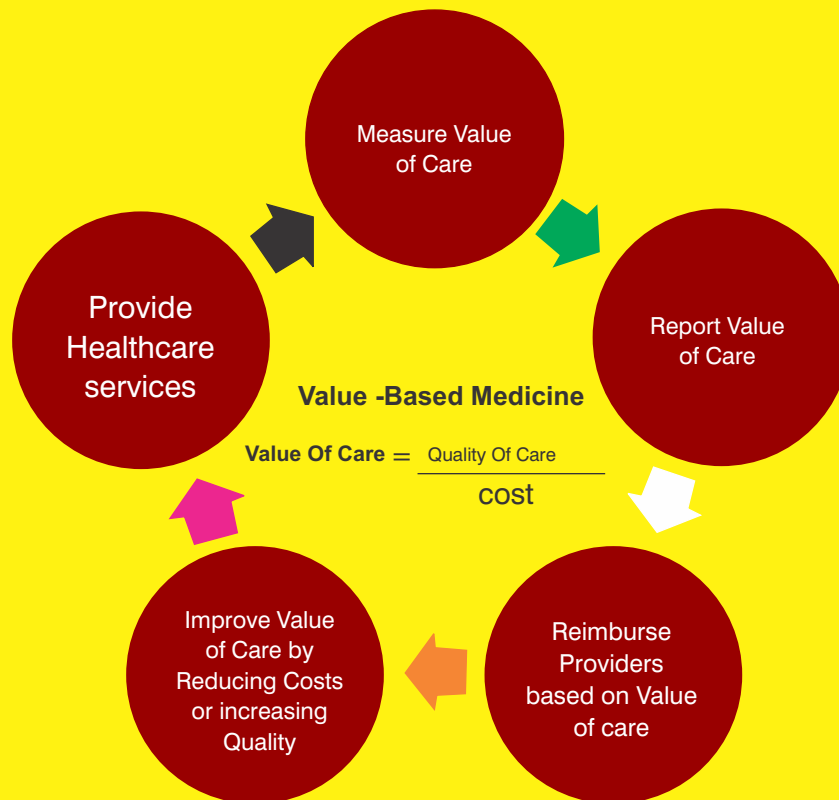


Figure 3: A Schematic View of the Proposed New Definition of Health

While the move to a value-based healthcare system is desirable, researchers note that a fundamental problem in the transition is the lack of a clear vision of what form the final product will assume. Much has been written about the principles guiding a value-based healthcare system, but until a specific system is actually designed and described in detail, it remains impossible to fully adopt. Additionally, the reliance of a value-based system on quality of care requires that patient outcomes be measured and compared.

It will be challenging to fairly evaluate patient outcomes, given that those outcomes which are considered desirable vary not only by each patient's unique condition and circumstances, but by the elements of well-being that patients, payers, and society value. Expectations in a value-based

system must be more complex than merely attaining "positive" outcomes. These expectations further reflect the need for an attainable and flexible definition of health, like the one we propose, that takes into account all of a patient's unique needs. As medical advancement allow us to maintain patient health in ways that were not previously possible, the challenge will be in harnessing this power towards serving the needs of the individual while still maintaining the ability to cover the whole population justly.

Societal changes and scientific advances throughout history have brought about enormous improvements in the achievement of health. Today, an optimized level of "health," whatever the definition might be, is fathomable and achievable if given unlimited resources. The

problem lies in that resources are not unlimited, and are in fact disproportionately allocated between demographic groups.

A value-based system, designed to provide a high quality of healthcare for the lowest cost, is a solution to the growing crisis of healthcare systems. A major problem with value-based care, however, is that these health outcomes are subjective and determined by individual patient needs and values.

A new definition of "health," which incorporates a description of well-being, specific patient needs, and the organizational, value-based system required to satisfy those needs, is now necessary. The definition we propose will help focus national efforts aimed at improving access to healthcare and installing a value-based system that brings the nation out of its healthcare crisis.

THE JOURNEY

NMA HOUSE: The Journey so far

The Nigerian Medical Association (NMA) is the largest medical association in the West African sub-region. It is formally consulted by the Government on matters of health policy on an ad-hoc basis. Its affiliate bodies include the Nigerian Dental Association, Medical Women Association of Nigeria, National Association of Resident Doctors and so-on.

The NMA is desirous of developing its secretariat at Maitama, Abuja and leasing select space to members/ members of the public. In line with the vision and mandate of the NMA to increase the potentials of

the organization and to encourage other forms of income, the members of the National Executive Council have identified a unique opportunity for the above objectives in Abuja through the construction of the Association's Secretariat on a prime location at Maitama District, Abuja and covers a land mass of .7,379.3 Sqm and Land Area that will be covered by building is 2,853.2 Sqm

The land was donated to the NMA by General Ibrahim Badamosi Babangida GCFR and has over the years been embroiled with lots of crisis in getting the NMA house come to reality. Series of Government of the NMA have continued to make effort in getting the project come to life

as series of ground breaking ceremony has taken place. In order for this to be achieved, NMA has had collaborative agreement with different consultants and agencies towards building the NMA house, amongst this includes Ella and Associates, Liege Consultants and Liege Consultants.

History was made on the 28th of May, 2020 when with doggedness amidst criticisms and pressure the NOC led by Dr. Francis Adedayo Faduyile took the bull by the horn and once again the foundation laying ceremony was also laid. This ceremony did not come easy as the association was earlier trapped in a long legal battle with Liege Consultant who demanded payment for earlier supposed job be paid to

them which the court granted them the right. Toward having this issue settled amicably, the Association went to the Alternative Dispute resolution and settled out of court. In view of having the gains of the NMA house coming to reality, the Immediate past NOC Inaugurated the Building Committee led by Dr. Mrs. Atalabi Ololade and gave them a free hand to plan, manage and execute the process of settling all lingering issues, engaging a firm to develop the NMA House. This committee worked independent of the NOC and managed the affairs of the NMA House project till the expiration of the Last NOC on the 30th of May, 2020.

The next step.....

The emergence of the NOC led by Prof (Dr) Innocent A.O. Ujah FNMA, mni came in with greater vigour to ensure that work in the NMA Land continues. The President has from time to time visited the NMA Land unscheduled and have had series of meetings with the Company handling the project DUTUM

Company Limited and the Supervising Consultant, Ella and Associates.

Following the appointment of a new set of Committee that will pilot the different activities of the NMA, some members of the committee are still been engaged so that there will be no vacuum in the running of the Associations activities.

As decided by the last NEC that doctors below ten years are to pay N20,000 and those above that are to pay N40,000 as NMA building levy along with the payment of their practising fee.

Our Vision:

The current NOC are poised to ensure that the NMA House is not halted and as such, constant appeals are being made to members to pay the building levy. We are also exploring other means of raising the necessary resources that will ensure the NMA House project is completed in justifiable time.

Akpa Emmanuel Chukwuemeka, B.A (Hons),
ICDL, MPA, MNIM, CPA, ASAP
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Congratulatory Message

FROM NIGERIAN MEDICAL ASSOCIATION PLATEAU STATE BRANCH

.On behalf of the State Officers' Committee,elders and indeed the entire members of the Nigerian Medical Association, Plateau State Branch,we wish to heartily felicitate with our very own Distinguished leader, mentor and President-Professor IAO Ujah,FNMA,mni as well as other members of the National Officers' Committee(NOC) on your victorious emergence as the new set of leaders to pilot the affairs of our noble association for the period 2020-2022.We can clearly see the good works you have embarked on in these few days of your Government and are indeed confident of even greater achievements owing to your remarkably distinct pedigree of excellence and impactful leadership in the various positions you have held in the past. We on the Plateau are proud to associate with you and assure you of our continued support for you to deliver on the resounding mandate freely given to you by Medical and Dental Practitioners in Nigeria,and wish you a successful tenure in office.

Long Live NMA!

Long Live the Federal Republic of Nigeria!!

Signed:

*NMA Plateau State
Branch (2020-2022).*



**Dr Innocent Emmanuel -
Chairman,**



**Dr Bapigaan William Audu -
Secretary,**

Ground Breaking Ceremony, May 28th 2020



Ground Breaking Ceremony, May 28th 2020



Ground Breaking Ceremony, May 28th 2020



Prof I.A.O UJAH PERFORMING FOUNDATION STONE LAYING



THE NMA PRESIDENT DURING AN INSPECTION VISIT





CONGRATULATORY MESSAGE


ANKLI


RC: 149885

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August 18, 2020

Professor I.A.O Ujah, FMNA, *mni* ,
The President,
Nigerian Medical Association,

Dear Sir,

CONGRATULATORY MESSAGE

The members of the Board of Directors, Management and staff of Zankli Medical Services Limited wish to congratulate you on your election as the 30th President of the Nigerian Medical Association (NMA).

Our congratulations also to all the other elected officers in the recently concluded elections.

We pray for a successful tenure guided by divine wisdom, peace and protection.

Yours Sincerely,



Dr J.O. Lawson MBBCh, FWACPaed, MPH
Chairman, Zankli Medical Services Limited, Abuja.

DIRECTORS: Prof. Lovett Lawson, M.B.B.S., D.T.M & H, Mrop Med. PhD (Liverpool) FRCP (Edin) Chairman; Dr. (Mrs) J.O. Lawson M.B.B.Ch. FWACP, MPH (Vice Chairman)

NIGERIAN MEDICAL ASSOCIATION (NMA) ABUJA LAND AND BUILDING: THE PATH AND THE SITUATION SO FAR.

BY DR OMEDE IDRIS, PAST PRESIDENT, 2010-2012



he strength, security and capacity of human being are gauged or measured

by knowledge, skill, power, and the investment controlled or owned by human either as income generating or for human security and well being. Building is one of such capital investment developed on land.

In 1988, the NMA land in Abuja was a officially acquired through official allocation. This was during the tenure of Dr Mrs Abiola Oshodi, NMA President 1988-1990 and facilitated by then vice President 2 of the Association Dr G.N. Ajakpo. This 7410 square metres land is situated at high brow Maitama District of Abuja.

At a fund raising appeal launch, to develop the land featured as an eight floor

edifice design plan and model on 24th June 1992, the government of IBB donated and subsequently released twenty million naira for the building of the NMA house in Abuja, through the NMA Treasurer Dr George Okpagu, mni who later became NMA President.

At that time, there was deliberate government policy to infrastructure in Abuja to accommodate the Ministries, Department, Agencies, Councils and commissions as well as other complimentary non-governmental bodies to become more visible in Abuja by the General Ibrahim B. Babagida administration. Recall that officially, General Murtala Mohammed as Head of state of Nigeria, pronounced FCT Abuja as Federal Capital in 1976. While the construction in the Abuja seat of government began in 1980 while the capital became operational 12th December 1991.

The Architectural firm that produced the drawing, design and model was facilitated by then Secretary General of the association Dr I.F. Adewole, who was a Secretary General under two Presidents, namely Dr S.E Osunde one year presidency 1990-1991 and 1991 -1992 under Dr M.I.L. Shehu, mni, while Dr Oluwole Atoyebi 1992-1994 served as Secretary General under M.I.L. Shehu, mni and Dr Boniface Oye- Adeniran 1993-1997.

After the fund raising appeal launch, NMA scouted and advertised for contractor for the mean project. The firm whose model was used for the launch felt, the letter of engagement her originally given her that sole responsibility to execute the job, since it was not paid for the initial job. Though the firm participated in the bid it lost. Sequel to this, the firm took NMA to Architect Council of Nigeria ARCON for arbitration. NMA was advised to pay for work done, so that

the firm can hand off the project. The amount which was about 700,000naira was paid over time during 1993- 1997 tenure and beyond.

While the processes and protocols for the perfection of the land title and document were going on, NMA fix the government supported fund in a trip round turn on 90 days basis in the reigning finance homes and some conventional banks then. Members of the Executive or officers Committee of NMA were to vouch for reliable staff they conversant with in any of the finance homes or bank. NMA was to use the upfront interest from the bank lodgement to support the day to day administration of NMA. The finance homes and some of the banks NMA lodged the fund crashed or collapsed, after the tenure of Dr M.I.L. Shehu, mni However, some NMA funds were recovered in bits over time. A little above N10million was recovered, while some of the finance homes, specifically Oxford Saving gave NMA some piece of land in Lagos in lieu of the fund deposited with it. These lands were lost because NMA did not follow up the processing nor meet the government requirements and regulations.

The Abuja land issue thereafter went into limbo. It was revisited during the Unity Administration of Dr Dominic Osaghae, mni 2000-2002. That administration engaged a development consultant/developer that was to Build Operate and transfer the building over specified duration of time. This led to the first ground breaking ceremony on the Land at Maitama cadastral zone by the then Chairman National Primary Health Care Development Agency NPHCDA,

Prof Olikoye Ransome Kuti on 6th December 2001 in the presence of the NMA leadership and members of NMA with full media presence.

Unfortunately the project had setback arising from absence of certificate of occupancy, discrepancies between the numbering of the bacons on the land, on the map and on the allocation paper or document. This could not be sorted due to administrative bureaucracy. The developers felt it was risky to move in the contract without those sorted and put in right perspective. Some how, there was an amicable disengagement between the NMA and the developers/ Development consultants.

The 2002-2004 Administration under Dr S.C Kitchener made frantic efforts to secure the land without significant progress. The next visible activity on the land was between 2004-2006 under the leadership of Prof Wole Atoyebi. The administration initiated and paid up all the bills to perfect the document. It carried out Fencing of the 7410sq metre land. This was sponsored by then Rivers state Governor Dr Peter Odili. This fence was however brought down or destroyed by the FCT development control for lack of obtaining permit.

During the era of Dr Prosper Igboeli 2008-2010 made efforts to perfect the papers of the land with the cooperation of the then FCT minister but could not achieve this before the tenure ended and also the minister was removed. Recall that Dr Prosper Igboeli administration moved NMA headquarter to current location and purchased the twin duplexes one of which is housing the NMA secretariat in the present site since 2008.

By 2010 it was obvious that the land had become subject for racketeering. With valid information at our disposal, the 2010-2012 leadership under Dr Omede Idris worked round the clock to resecure and secured the land, got fencing permit and gate house permit while perfecting the certificate of occupancy processes. It affixed a commemorable 2012 plaque on the fenced land

and gate house building. The land was completely fenced and a four room gate house building built. The building was later to house the NMA FCT for some years, on rent basis, before moving to her new secretariat building. The building is currently occupied by MWAN, NMJ and the Strategic Project of NMA.

The 2010-2012 NOC facilitated and achieved some milestones in the processes for the development of the main structure on the land. These included various engagements of the NOC, NEC, ADM and BOT at various stages and the prospective developer/Development consultant who were instrumental to the initial fencing permit and development on the land. NMA subsequently registered a business name Medico Properties Ltd after search of many suggested names as the business component to work with the prospective developer. Through the combined efforts of the Presidency of the Federal Republic, NMA got the certificate of occupancy in the name of NMA and not the incorporated trustees in February 2012. We did not foresee this, while pursuing the certificate. This became another setback as NMA is not a business based name but its incorporated trustee just like other similar bodies and by the Company and Allied Matters Act (CAMA) act.

NMA NEC at Lokoja Kogi state in 2011 approved development consultant following presentation by the NOC and for the NOC to do all that was necessary to develop the NMA land. This formed the basis for the subsequent incorporation of Medico Property limited as a Special Purpose Vehicle for the project and NOC letter in December 2011 to the development consultant/Developer of her engagement. The Developer/ Development consultant eventual engagement, sign on of MoU and contract agreement would be predicated to

satisfactory performance in the preliminary assignment. This was ratified by the 2012 ADM, to be followed by signing of MoU and Contract.

The 2012-2014 NOC under Dr Osahon Enabulele secured the corrected certificate of occupancy in the name of incorporated Trustees of NMA. At Dec 2012 in Keffi, Nassarawa state, following the 2012-2014 NOC presentation, NEC advised the NOC to seek legal advice to upturn the engagement of Development consultant for want of other options and dissatisfaction with his services and efforts.

In Lagos, Yaba NEC and ADM of 4th May 2013, the resolution was to upturn the previous resolve on the project and also for NMA to adopt the option of levying its members to fund the project. Thereafter, the development consultant was disengaged and another architectural firm engaged. NMA also resolved on member funded levy and drive for the project. There was no much progress on the funding source before the 2012-2014 administration ended.

The 2014-2016 NOC under Dr Kayode L. Obembe at end of May 2016, ADM, his election and inauguration up an interim building committee chaired by Dr Omede Idris a Past President with other members being Past President Prosper Igboeli, and three past Chairmen of NMA FCT namely Drs Mma N. Wokocha, Titus Ibekwe(then NMA Vp1), and N.D. Baamlong who served as member/ Secretary. The membership was drawn based on logistic convenience and institutional memories on the land. There term amongst others was to source for a developer in line with the FCDA specification for development in the area. The committee amongst others recommended that the disengaged development consultant who had formally petitioned NMA for wrongful disengagement requested for N301million payment for work down before his disengagement, be paid a negotiated amount. The firm had interfaced

with the committee and on the strength of the letter of engagement shown what had been done and efforts official efforts at interacting with the previous leadership. The recommendation for paying off a negotiated amount was rejected by the NOC on the basis that it would strengthen the Development consultant for higher bargain going by the amount being claimed.

The committee worked within her timeline and turned in her report and the identified developer to the NOC, which was subsequently presented to NEC. Build, Operate, and Transfer (B.O.T) option was recommended and approved by NEC. This option was preferred because of the backlash that came continuously from the NMA members funding option for the project.

The NOC subsequently signed contract and MOU with the developer and handed over the incorporated certificate of occupancy to the developer. Foundation laying ceremony was carried out by the NMA President in presence of NOC members, members of the association, the developers and representative of the financing bank on the NMA land in December 2015.

The earlier development consultant 2010 - 2013 took NMA leadership and joined in the engaged developer by the Dr Kayode Obembe NOC to court on infringement of his right to the job. This litigation ran through 2016- 2019 with judgement in favour of the litigant at a cost to NMA. Thus the Dr Mike Ogirima, mni tenure of 2016-2018 was enmeshed in legal battle which sprue into Dr Francis A. Faduyile 2018-2020 tenure. This legal tussle thus spanned through three tenures 2016- 2020.

The Dr Francis A. Faduyile 2018-2020 tenure was able to have out of court settlement at negotiated amount of N70million with the litigant, far off from the amount the court awarded the litigant of over N300million. It is expected that the signed on developer in 2015 was appropriately dispensed and disposed off by the Dr Francis A. Faduyile

tenure. His administration set up a building committee with a very zone represented and the NOC. Building levy introduced for two categories of doctors of N20, 000:00 and N40, 000:00 for doctors that are below ten years and above ten years respectively in practice. The payment of this levy was to be through Medical and Dental Council of Nigeria MDCN portal along with the annual Practising licence, as approved by NEC for direct funding and subsequent ratification by 2020 ADM. The 2018-2020 NOC set up an eight member building committee, made up of a member from each of the seven NMA geo- political zone and a representative of the NOC.


The NMA engaged and signed on a contractor on a direct funding basis to develop the over N8billion NMA House Project. This has paved way for the current phase in the ongoing development on the land the sign on with another contractor and request for members to pay their building development levy. This is still ongoing. The foundation was laid by the NMA President in presence of the NMA building committee members, members of the Association and the main contractor on 27th May 2020. The contractor has since being mobilized to site and the work is ongoing.

The 2020-2022 tenure under President Innocent A.O. Ujah, mni was came on 30th May 2020, has continued with the contractor working on the building site.

In conclusion and summary, between acquisition of the land in 1988 and now 2020, there had been one Appeal fundraising launch and ground breaking 1992, a second ground breaking 2001, one physical fence work building but demolished by FCDA 2005, one physical fence building, gate house building and plaque 2011, one foundation laying/ ground breaking ceremony 2015 and now another foundation laying with plaque and commencement of major construction work 2020 and ongoing construction. In all it is now 32 years since this project was muted and has transverse through virtually all the NMA Presidents totalling 17 including the current one and NOC from 1984 to date. NMA must do all that is humanly possible including fund raising, appropriating shares, practically involved in the procurement component through NMA Business unit and responsive committee to ensure this project is completed in expected record time.

God bless NMA. God bless the NMA leadership . God bless the NMA members. God bless Nigeria. Thank you.

**Dr Omede Idris, Bm.Bch, MPH, fnma, fnipr
Past President NMA**




Prof Augustine Umoh
Commissioner For Health,
Akwa Ibom State

Congratulatory Message

My family and I are gladdened by your appointment as Commissioner for Health Akwa Ibom State.

As a man who has acquiesced himself in the academia, there is no shadow of doubt that you will bring your wealth of experience to bear in your new office.

May GOD grant you more successes. Amen



Dr Nsikak Nyoyoko , FWACS
Immediate Past Chairman , NMA Akwa Ibom

MESSAGE OF FELICITATION!



I write to felicitate with the President of Nigerian Medical Association, **Prof. IAO UJAH** and all other members of the National Officers Committee on their elections and subsequent swearing in.

May God Almighty direct your steps as you pilot the affairs of the association for the betterment of all Doctors in Nigeria.

Congratulations!

Dr Nsikak Nyoyoko , FWACS
Immediate Past Chairman , NMA Akwa Ibom





COVID-19



MIGRATION OF MORE DOCTORS IMMINENT, CMA PRESIDENT WARNS.

The President of the Commonwealth Medical Association, CMA, Dr. Osahon Enabulele has warned that unless the Federal Government takes pragmatic actions to grow and retain the health workforce, more doctors beyond the 58 that were

chat, lamented the absence of responsive strategies that would currently attract healthcare workers to remain in Nigeria.

According to him, it is time for governments at all levels to employ pragmatic actions and strategies to not only grow the health

African countries.

“Beyond just talking, what are the actions and systems on the ground, what strategies are on the ground to retain these health workers to prevent them from leaving?”

“We are going to have many more beyond the 58 that were prevented from travelling out of the country, especially, now that the restrictions have been relaxed.

“We would not want to be having speeches upon speeches without having very responsive strategies that can



prevented from traveling out of the country will still leave now that COVID-19 restrictions have been relaxed.

Enabulele who is also a former National President of the Nigerian Medical Association, NMA, in a

workforce but retain them for better healthcare service delivery.

Urging the government to introduce some level of attraction for the healthcare workers, he observed, the disparity between what obtains in Nigeria and most



have some level of attraction for the healthcare workers to remain in Nigeria. We all know what the differences are, the disparity between what obtains in Nigeria and most African countries, and compared to the developed economies.

Responding to migration of doctors, Enabulele said: "This matter is not new but what is worrisome is that rather than addressing it more responsively, we are still doing little to prevent this whole phenomenon of brain drain.

"It is going to be our loss and that of Africa because Africa today has over 25 per cent of the disease burden of the global community yet we have only about 3 per cent of the health workforce.

"Africa today spends not more than 1 per cent of public health spending and public spending on health, one per cent of global public financing of the global health expenditure on health, that is not enough investment in the health system. It is not enough investment in the health workforce, not enough investment in infrastructure and other factors that can serve as attractive platforms for health workers to be retained in their countries," he argued.

Enabulele, who is also a Chief Consultant Family Physician at the University of Benin Teaching Hospital, added that, in the last 20 years, Africans have been talking about the push and pull factors without success.

Culled from the Vanguard Newspaper, July 27 2020.



NIGERIAN MEDICAL ASSOCIATION EBONYI STATE BRANCH

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Email: nmaebonyi@yahoo.com, ogahstanly99@yahoo.com

NMA/EBS/00

12th August, 2020

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Dr. Umezurike
Benjamin. I. (JP)
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Vice Chairman

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Secretary

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Dr. Nnaji Theresa
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Financial Secretary

Dr. Etu Kenneth E.
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Secretary**

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Social Secretary

Dr. Nodiana Michael
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Ex-Officer I

Dr. Egede John O.
08037797950

Ex-Officer II

Dr. Nwoye Chukwumeka
08034497473

The President,
Nigerian Medical Association,
Abuja.

Sir,

**CONGRATULATIONS TO YOU, OUR INDEFATIGABLE AND
AMIALE PRESIDENT AND VC, PROF. IOA UJAH FNMA
MNI (2020-2022)**

A desire and a dream come true, a product of patience.

A man who has shown total commitment and consistency in all
that concerns the NMA over many decades ago.

An experienced, trustworthy and result-oriented leader, the master
strategist, who can take decisions as far as it concerns the welfare
of doctors in Nigeria.

Mr. President and VC, may your regime bring blessings, goodwill
and better welfare that know no bounds to the entire membership
of the NMA in Jesus Name, Amen.

It's therefore with great joy, respect and humility that we all, the
entire membership of the NMA, Ebonyi State Branch rejoice with
you and say a big congratulations to you, our dear amiable
President and VC, Prof. IOA Ujah FNMA mni.

Dr. Umezurike Benjamin I. (JP)
Chairman, NMA Ebonyi State Branch
& Immediate Past DSG NMA

Dr. Anyigor Ogah Chijiokwe S.
Secretary, NMA Ebonyi State Branch

NMA EBONYI STATE BRANCH COMMITTEES

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Ethics & Disciplinary Committee
Continuing Medical Education Committee
Anti-quackery Committee

Building Committee
Publicity & Awareness
Social Committee

Political Committee
Elders Forum Committee
Directory Committee

Emerging Diseases/VHF Committee
Healthy Life Style Committee
NMA Bye - Law Review Committee

GOOD TIDINGS FROM NMA ABIA STATE

Let me begin this write up by congratulating our President, Prof. I. O. A. Ujah mni and his executives for their successful election. NMA Abia rejoices with you and wishes you a successful tenure in office.

The EXCO year 2018 /2020 will go down in history as a very remarkable period for Abia NMA. The leadership through her 5 point Connect Agenda was able to achieve feats that hitherto looked or appeared insurmountable. Some of these achievements are highlighted below.

Increased Visibility of the Association in Governance with NMA playing key roles in strategic health related matters including the State Health Insurance Scheme, Basic Health Care Provision Fund and State Response to the Covid 19 pandemic with key NMA Abia members appointed to provide technical guidance. This we have continued to do.

Acquisition of the first official Car for the office of the State Chairman. This was achieved through the prudent management of Abia State NMA resources. Members were not levied for Car purchase. The Car has added carriage and respect to the office of the State

Chairman

Acquisition of Land for the State Secretariat.

This EXCO through advocacy and determination got an allocation of 1and 1/2plots of land at the State Capital Umuahia from the Government of Abia State. We subsequently purchased the surrounding plots and now own 7 plots in all. Again this was achieved through NMA Abia State dues without any levies on members. This news which was so thrilling at our 2019 AGM propelled members to raise funds through levies and donations to enable the Association take possession of the Land. The design and outlay of the Secretariat complex was unveiled at our Physician's week 2019.

Event Centre Building:

Beyond the perimeter fencing of the land which was completed by January 2020, the first building at the Secretariat site is at the first floor roof level. As part of our Pre-AGM events members of the State Executive Council (SEC) were at the project site for a symbolic tree planting exercise.

Building of Unity among Members:

Through good human resource management skills, NMA Abia has become a peaceful association where mutual respect for Elders and younger colleagues guides our interactions. The present atmosphere in our State NMA is evidenced by the fact that at the close of nominations for our forthcoming elections, all offices had just one candidate each.

Medical Outreaches: The Connect Agenda provided a place for giving back to the society through quarterly outreaches. NMA Abia had a total of 8 medical outreaches including one that was exclusively for doctors to know their health status and be referred to appropriate specialist. Members had several investigations done including; ECG, Echocardiogram, urinalysis, lipid profile and Serum Electrolyte Urea and Creatinine, Chest Xray as well cervical cancer screening.

Appreciation. The 2018/2020 leadership is grateful to the past National EXCO led by Dr Francis Faduyile, our medical Elders, past State Chairmen and members who supported us in various ways to see to the smooth running of the association during our tenure, we covet such support for the incoming leadership. Long Live the Nigerian Medical Association!!!! Long live Abia State!!! Long live the Federal Republic of Nigeria!!!

Dr (Mrs) Ejiro Carol Iwuoha
Chairman NMA Abia State 2018-2020

REPORT FROM ABIA



NMA Abia Chairman, Dr Carol Iwuoha addressing SEC members presenting a tree to our Elder Dr. Mike Okonkwo at the tree planting event



Medical Director FMC Umuahia Dr. Azubuike Onyebuchi planting a tree at the event



REPORT FROM SOKOTO

The NMA Sokoto Secretariat complex was officially commissioned on 13.08.2020 by our worthy ambassador Hon Dr Yusuf Tanko Sununu. We thank our Amiable president, Prof Ujah mni. For his consistent advice & suggestions though he could not make it physically he was duly represented by our IPC. We also appreciate our IPP Dr Faduyile who visited us about 9 months ago while the work was ongoing and offered very valuable suggestions. To the Hon commissioner for health, medical elders and all dignitaries and all NMA members that graced the occasion (too numerous to mention) we appreciate your presence & support. We give the glory to Almighty God as this project is dedicated to the entire members of NMA Sokoto who made it possible. Dr SB Abubakar Chairman 2018-2020



REPORT FROM NMA SPORTS COMMITTEE

Following my appointment as Chairman, NMA Committee on Sports vide a letter dated 17th September 2018 with reference No: NMA/SG/O1O/01688 and also having it on record that hosting rights for 2020 Games was awarded to NMA Rivers state branch by 2018 ADM, we hit the ground running.

First, we produced the strategic document for 2020 Games based on the Terms of Reference given to us. The document was forwarded to Mr. President who after due consideration and amendment approved it for execution.

Members of the committee for 2018-2020:



1. Dr. Uche R. Ojinmah - Chairman
2. Dr. Israel Jeremiah - Vice Chairman
3. Dr. James E. Omietimi – Secretary
4. Dr. Ejiofor Chukwujama – Assistant Secretary/ICT officer
5. Dr. Peter Ekwueme - SOUTH EAST COORDINATOR
6. Dr. Nura Umaru - NORTH EAST COORDINATOR
7. Dr. Cletus Otene - SOUTH SOUTH COORDINATOR
8. Dr. Arome C. Adejo - NORTH CENTRAL COORDINATOR
9. Dr. Festus Adetonwa - SOUTH WEST COORDINATOR
10. Dr. Daiyabu Ibrahim - NORTH WEST COORDINATOR
11. Dr. Noah Oyedokun - LAGOS COORDINATOR
12. Dr. Sampson Ezeugwu - RIVERS COORDINATOR

APPROVED SPORTING EVENTS

1. Football (male).
2. Table tennis (male/female).
3. Draughts (male/female).
4. Scrabble (male/female).
5. Chess (male/female).
6. Tennis (male/female).
7. Badminton (male/female).
8. Basketball (male/female).
9. Volleyball (male/female)

NEW GAMES

1. Athletics: 100m, 200m, 4x100m, mini marathon & Walk (executive/elders & classics) (male/female).
2. Golf (male)

DATES FOR COMPETITIONS

State Games: 1 st to 31 st October 2019 , Zonal Games : 1 st of November 2019 to 15 th January 2020 , & 5 TH NMA NATIONAL DOCTORS' GAMES: 1 7 th to 23 rd February 2020 .

In line with our target of fostering good relationship among healthcare workers, the opening ceremony featured a friendly match between NMA United FC vs NANNM FC and it ended 1-0 in favor of NMA United.

All the events were effectively completed except for Basketball where the athletes refused to play the final matches due to poor state of the court. I have to specially mention the high level of unacceptable behaviour displayed by the male basketball players in response to the bad court. I never in my wildest imagination pictured doctors behaving so poorly no matter the provocation.

The revelation of "Port Harcourt 2020" was in athletics where Dr. Esther Jeneboye from South South won 4 Gold & 2 Bronze medals and took the Dr. Osahon Enabulele CMA President's Cash Prize.

The maiden golf kitty was won by Dr. Kefas Paul Zawaya from North East

PORT HARCOURT 2020 FINAL MEDALS TABLE

POSITION	ZONE	GOLD	SILVER	BRONZE	POSITION
1st	South South	11	10	13	34
2nd	Rivers	10	5	10	25
3rd	Lagos	5	2	2	9
4th	South East	4	10	3	17
5th	South West	4	3	5	12
6th	North West	2	2	3	7
7th	North Central	1	4	7	12
8th	North East	1	2	6	9

RECOMMENDATIONS

1. The letter for award of Hosting right must state that in clear terms that the National Sports Committee is the main organizers of the event. 2. The Hosts must also be informed vide the award letter that a Sports Committee delegation shall come on inspection visit which shall include facility tour, assessment of state of preparedness and advocacy/publicity visits to government and important dignitaries. This visit shall take place in the month of November preceding the Games so as to enable the Committee present a comprehensive report to NMA December NEC meeting. 3. All zones must emphasize the need for discipline as we suggest strong response to indiscipline in future

APPRECIATION

We thank the Government and people of Rivers state

We thank our sponsor; ADRON HOMES

We thank our LOC

We thank NMA Rivers state, her chairman Dr. Obelebra Adebiyi & her indefatigable team.

We thank all state chairmen for their invaluable support.

We thank Mr. President, NOC & all members for their palpable support and confidence.

Most of all, we thank our Almighty God for His ever abiding presence and wisdom.

DR. UCHE R. OJINMAH

(Chairman, NMA Sports Committee 2018-2020)



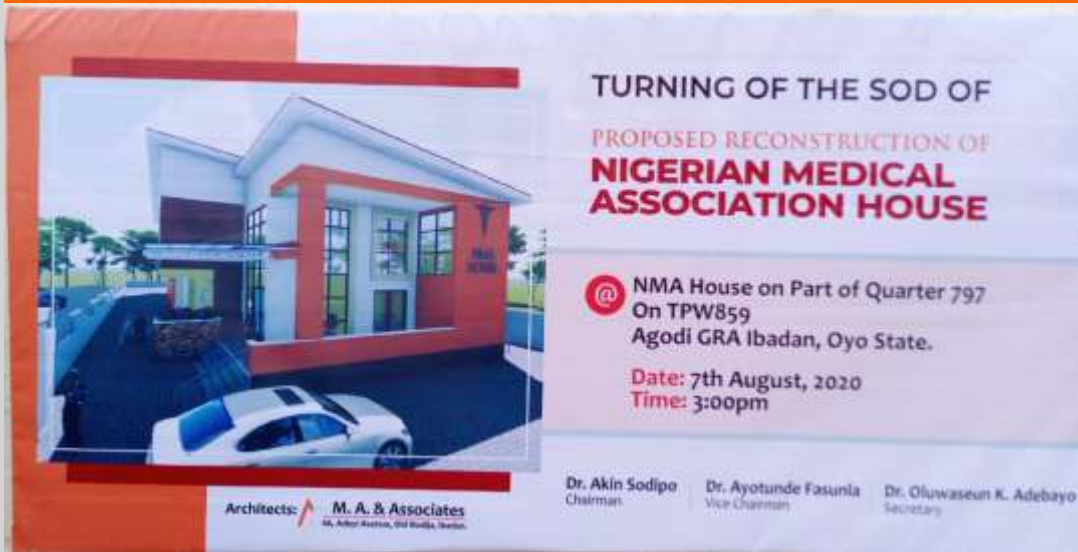


COURTESY CALL TO THE HONOURABLE MINISTER OF HEALTH, DR OSAGIE EHANIRE



FROM L-R .. Doctor Senator Olorunimbe Mamora, Hon Minister of state for health, Dr Aniekeme Uwah (National Publicity Secretary) Dr Osagie Ehanire, Hon Minister of Health, Prof I.A.O Ujah NMA President and past president Francis Faduiye

REPORT FROM OYO



Advocacy Visit To Hon Minister of Health in August, 2020





A shield of honour presented to Mr President by the government and people of Benue State on July 17,2020



A cross section of Members of the NOC at the National Assembly on August 6,2020



A cross section of NOC members at their first physical meeting in Abuja on August 6,2020



Dr Rosemay Umoh (Wife of the Honorable Commissioner) and Former MWAN National President Dr Valerie Obot (in Black) After the swearing in of Dr Augustine Umoh ,Editor, NMJ as the Commissioner for Health, Akwa Ibom State on August 3,2020.



During an advocacy to the Minister of Health by the President of NMA on August 7,2020



After the swearing in of Dr Augustine Umoh,Editor, NMJ as the Commissioner for Health Akwa Ibom State on August 3,2020



Mr President being honoured to a civic reception by the government and people of Benue State on July 17,2020



The National Publicity Secretary with the Chairman and Secretary of NMA-AKS at a social outing recently.



2nd physical NOC meeting on the 7th of August in Abuja.



After an advocacy meeting with Rt Hon Dr Henry Archibong by the President on the 7th of August, 2020



Mr President during one of his numerous Media engagements on Channels TV on July 9, 2020



During the reception of the President, NMA by the government and people of Benue State on July 17, 2020



Mr President during a courtesy call on Hon Dr Tanko Yusuf Sununu, Chairman, House of Representatives Committee on Health on August 6, 2020



A cross section of Members of the NOC at the National Assembly on August 6, 2020



Congratulatory Message.



H.E DEACON UDOM EMMANUEL
Executive Governor, Akwa Ibom State



PROF AUGUSTINE VINCENT UMOH
Honourable Commissioner of Health, Akwa Ibom State

On behalf of my family, I wish to congratulate the 14th Chairman of the Nigerian Medical Association (NMA), Akwa Ibom State branch and the Editor of the Nigerian Medical Journal (NMJ), Dr Augustine Vincent Umoh on his well deserved appointment as the Honourable Commissioner for Health, Akwa Ibom State. By divine providence, I have interacted very closely with you, first as a House Officer in your unit during my Obstetrics and Gynaecology posting in 2004. Secondly, as my predecessor in office when I served as the 15th Chairman of NMA, Akwa Ibom State branch in 2016. Throughout these moments of close contact, you exhibited the highest levels of professionalism and creditably discharged all the duties assigned to you. As you take up your new assignment, I have no doubt in my mind that you will make all of us proud. I wish you a very successful tenure of office.

Dr Aniekeme Aniefiok Uwah JP
National Publicity Secretary



PROF IAO UJAH FMNI, mni
President, NMA

Message of Congratulations

From Friends of

DR PABARA NEWTON IGWELE,
HONOURABLE COMMISSIONER, BAYELSA STATE.



It is indeed our pleasure to extend our warmest congratulations to you on your appointment as the Honourable Commissioner for Health, Bayelsa State. As you embark on this all-important assignment of transforming the health sector of Bayelsa State, May the good Lord grant you immeasurable grace

Ekem Emmanuel John
Dr Promise Obakiri Muzeni
Dr Tombari Zabbeh
Dr Josephus Nnabuchi
Dr Mube A. Williams
Dr Kennis Briseimo
Dr Vivacious Otit
Dr Ebi Okpomu
Dr Douglas Omubo-Pepple
Dr Edionsenyene Udofia

Wash your hands

Steps to wash your hands with soap and water



Scrub your hands
for at least 20-40
seconds



Lather hands with soap and water
and rub hands palm to palm



Right palm over back of left hand
with interlaced fingers and vice versa



Palm to palm with fingers
interlaced



Backs of fingers to opposing palm
with fingers interlaced



Rotational rubbing of left
thumb clasped in right palm
and vice versa



Rotational rubbing backwards and
forwards with clasped fingers of right
hand in left palm and vice versa



Rinse hands with water



Dry hands on single use towel or air
dry and your hands are safe

Adapted with permission from WHO Guidelines on Hand
Hygiene in Health Care. <http://www.who.int/guidelines/infrastructure/updates>



MINISTRY OF HEALTH
& MEDICAL SERVICES

